

# PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER SITE: HILTON HOTEL, WOKING

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# RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: SRM – FESTIVE CLOSE DOWN 2021	Date: 21/12/2021
Location: Hilton Hotel, Victoria Square, Woking	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk
J BASQUILLE	Raphael Contracting Ltd	1 Confirm that I have understood the Toolbox Talk
S. SINGH BURMI	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk
P. SINGH	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk
B. SINGH	Raphael Contracting Ltd	B Single 1 Confirm that I have understood the Toolbox Talk
M. BYTAUTAS	Raphael Contracting Ltd	1 Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended 06	Duration 30 mins	Total Time 3 hours	Employer Reference 2453745
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DOCUMENT REFERENCE:	SIT-FM-007 DAS	VERSION NO:	1.0	CREATION DATE: LAST REVISION DATE:	07/02/2013 N/A	Page 1 of 1
DOCUMENT OWNER:	DAS			NEXT REVIEW DATE:	07/02/2014	



# TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: ALCOHOL AND DRUGS	Date: 20-12-21
Location: Hilton Hotel, Red car park & Public W/C	Start Time: 7:30
Duration (Minutes) 30 min	End Time: 8:00
Presenters name: K.Kulsinskas	Presenters Signature

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
M.Bytautas	Raphael Contracting Ltd	l Confirm that I knye understood the Toolbox Talk
P.Singh	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk
B.SingH	Raphael Contracting Ltd	B. Singl I Confirm that I have understood the Toolbox Talk
S.S Burmi	Raphael Contracting Ltd	1 Confirm that I have understood the Toolbox Talk
J.Basiquille	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk

### **Grant Claim information**

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended	Duration	Total Time	Employer Reference
5	30 MINS	2/2 4000	2453745
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DOCUMENT REFERENCE: DOCUMENT OWNER:	SIT-FM-007 DAS	VERSION NO:	1.0	CREATION DATE: LAST REVISION DATE: NEXT REVIEW DATE:	07/02/2013 N/A 07/02/2014	Page 1 of 1
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### Toolbox Talk No. 40 ALCOHOL AND DRUGS

## Alcohol and drug abuse leads to accidents. ALCOHOL

- In a high risk industry like ours, alcohol and work are not compatible.
- Alcohol is a depressant drug, which depresses parts of the brain function. When working on site you
  require all of your brain functions to save you from injury.
- If you are or suspected of being drunk, you won't be allowed to work, you won't be allowed on site. You may end up losing your job.
- Don't get drunk the night before and expect to work safely on site the next day. Alcohol takes
- time to work out of your system (1 pint of beer takes approximately 2 hours).
- Q: What effect can alcohol have on you?

### WHAT EFFECT CAN ALCOHOL HAVE ON YOU?

- 50% of all drivers killed are over the legal limit.
- If you drink, don't drive it is illegal and dangerous
- 35% of fatal accidents are related to alcohol.
- Keep your head clear leave your drinking sessions to social events, where you can't cause injury
- to yourself or others. Even better, leave drinking sessions to times when you are not working next day.
- Get a bad reputation for drinking and you may not get another job as you'll be seen as a liability.
- Q: What could be the result of being under the influence of alcohol at work?

### **DRUGS**

- You are far more likely to have an accident on site when under the influence of drugs.
- You may feel you don't have a drug problem it's got nothing to do with you. But if you get hurt, it's a bit late to wonder what the other person was on.
- If you know somebody is on drugs, tell your supervisor help to stamp it out.
- Signs to look for: watery eyes, pin-point or dilated pupils, running nose, constant sniffing, tight lips, sores, ulcers, trembling, fatigue and irritability. If you see it, report it.
- All drugs can affect your ability to work safely.
- Effects of drugs: slow reaction times, clumsiness, poor decision-making and distorted vision.
- If you get offered drugs say NO, you'd rather work safely!
- Q: What effect could drugs have on you and your workmates?

### Questions for you:

Q: How long does a pint take to get out of your system?

Q: What would you do if you saw a person taking drugs?

REMEMBER: Drink and Drugs don't Work!