



## TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

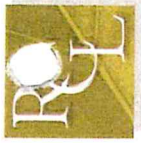
Title: <u>Hazardous Waste</u>	Date: <u>7.7.22</u>
Location: <u>Hoxton Hotel</u>	Start Time: <u>11:30 am</u>
Duration (Minutes) <u>30min</u>	End Time: <u>12:00 pm</u>
Presenters name: <u>A. Kulsinkas</u>	Presenters Signature: <u>[Signature]</u>

	Candidate's Name	Name of Employer	Candidate's Signature
1	R. Rama	RCL	I confirm that I have understood the Tool Box Talk
2	A. Lidzius	RCL	I confirm that I have understood the Tool Box Talk
3	B. Ramchande	RCL	I confirm that I have understood the Tool Box Talk
4	Stephen B. I.	RCL	I confirm that I have understood the Tool Box Talk
5	G. Diaconu	RCL	I confirm that I have understood the Tool Box Talk
6	A. Wren	RCL	I confirm that I have understood the Tool Box Talk
7	S. Hiram	RCL	I confirm that I have understood the Tool Box Talk
8	N. Jagatia	RCL	I confirm that I have understood the Tool Box Talk
9			I confirm that I have understood the Tool Box Talk
10			I confirm that I have understood the Tool Box Talk
11			I confirm that I have understood the Tool Box Talk
12			I confirm that I have understood the Tool Box Talk
13			I confirm that I have understood the Tool Box Talk
14			I confirm that I have understood the Tool Box Talk
15			I confirm that I have understood the Tool Box Talk

### Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended <u>8</u>	Duration <u>30min</u>	Total Time <u>4h.</u>	Employer Reference <u>2453745</u>
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**RAPHAEL**  
CONTRACTING LTD

## PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: HOXTON HOTEL

OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIS VEST	GLOVES	EAR DEFENDER S/ PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
G. Deaconu				✓		✓	✓				<i>[Signature]</i>	18.05.22
R. Rama				✓			✓				<i>[Signature]</i>	18.05.22
K. Kulsinskas				✓		✓	✓				<i>[Signature]</i>	19.05.22
R. Robinson		✓		✓			✓				<i>[Signature]</i>	13/6/22
S. Hittam			✓	✓		✓	✓				<i>[Signature]</i>	13/6/22
B. S. Inyan.	✓	✓	✓	✓			✓				<i>[Signature]</i>	15/6/22
N. JAGATHIA	✓	✓	✓	✓							<i>[Signature]</i>	16/6/22
A. Whon			✓								<i>[Signature]</i>	22/6/22
G. Deaconu				✓		✓				✓	<i>[Signature]</i>	23/6/22
R. Rama	✓					✓				✓	<i>[Signature]</i>	23/6/22
A. Wren				✓		✓				✓	<i>[Signature]</i>	11/07/22

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# RAPHAEL CONTRACTING LTD

## RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL- 72) – CONSTRUCTION WASTE MANAGEMENT	Date: 07/07/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
E. AMANING	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. BASQUILLE	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
C. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended  
06

Duration  
30 mins

Total Time  
3 hours

Employer Reference  
2453745

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## Toolbox Talk No. 72 CONSTRUCTION WASTE MANAGEMENT

### Some facts:

- The construction industry generates 3 tonnes of waste for every person in the country and produces 24% of all waste arising - 13 million tonnes are unused building products.
- Timber is a renewable building material and the northern hemisphere forest area is increasing at a faster rate than it is used. Up to 7.5 million tonnes of wood waste go to landfill in UK.
- A sheet of ply takes 24 times more energy to travel here from Indonesia than from Sweden.

**Q: What is waste? A: Waste is 'any substance or object that the holder discards, or intends to discard'.**

You have a Duty of Care to know what is in your waste, that the person you are giving it to is licensed to carry it and that it is disposed of in a licensed site.

- SUB-CONTRACTORS** - who give waste to a main contractor, are still responsible for those wastes under the Duty of Care.
- MOVING WASTE** - if you transport your own waste, you need to be registered as a waste carrier with your Environmental Regulator. (RCL are a registered Waste Carrier)
- HAZARDOUS WASTE** - most building sites need to be registered if they produce hazardous waste. (The main contractor will do this)

### Types of waste

There are three main types of construction waste distinguished by their environmental impact. Each is sent to a different type of landfill site.

- Inert waste** - includes set concrete, bricks, glass, tiles, sub-soil (but not topsoil).
- Non-hazardous waste** - includes untreated timber, tanalised timber, sheet timber, ironmongery, packaging, insulation, empty tins and tubes, lath and plaster, PVA, water-based glues, paints and mastics.
- Plasterboard waste has disposal problems because when mixed with other biodegradable wastes (like food) it can produce hydrogen sulphide, a major part of acid rain. It needs to be segregated and either recycled or sent to landfill mono cells that do not take biodegradable wastes.
- Hazardous waste** - includes solvent-based paint, resins, coal-tar products (e.g. some roofing felts), solvent-based mastics and glues, asbestos, forms of preservative-treated timber (e.g. creosote), resin-based flooring, sealants.
- On some sites, waste is segregated into different skips so it can be easily recycled. There are now standard colour-coded signs for waste and skips as follows:

Wood	Green	Metal	Blue	Gypsum	White	Inert	Grey	Packaging	Brown	Hazardous	Orange
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### Like to know some more?

- The waste hierarchy defines a number of methods of waste disposal from least to most harmful to the environment. The order is **reduce, re-use, recycle, landfill**.
- Landfill tax is paid to HMRC for each tonne of waste sent to landfill. The rate is reviewed annually. Until April 2010, Inert waste costs £2.50 per tonne. Non-hazardous waste is £40.00 per tonne and will rise £8 / year until 2013.
- European waste codes (EWC) are standard codes for all types of waste based on their source. In construction, they begin with 17. Examples are 17 01 01 concrete and 17 02 01 wood. If a code has an asterisk against it, this refers to the hazardous nature of the waste.
- Waste transfer notes are a form that should be filled in and accompany any load of waste leaving site (listing the EWC).

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### GENERAL PRECAUTIONS

- Separate different types of waste into separate skips if there is such a system
- If there is a COSHH skip, make sure that all used containers or substances are put in it – do not mix with general waste
- Remove all nails from scrap timber to avoid foot injuries to other people
- Securely bag or bundle lightweight waste to prevent it being scattered by the wind
- Waste created at height must be returned to ground level in a safe manner, not thrown down

### SKIPS

- If a skip is to be positioned in the road, a Council permit is required
- A skip on the road must be coned off at all times with adequate lights at night
- Don't overload skips – load up to the top of the sides
- Don't attempt to ride in a skip – waste material could move and injure you

### FIRE

- Accumulations of combustible material could provide the fuel for a large fire
- Dispose of combustible waste in the skips or bins provided as soon as practical after you create it
- Don't dispose of used LPG cylinders or aerosol cans in with general waste
- The burning of waste materials is banned on most sites – don't light bonfires and don't light fires in skips

### HAZARDOUS WASTE

- Special arrangements have to be made for the removal of certain hazardous substances, such as asbestos, plasterboard and tyres from site.
- These substances should not be mixed in with general waste

### FOOD WASTE

- Discarded food waste will encourage the presence of rats and other vermin
- The presence of rats brings with it the possibility of catching Weil's disease
- Dispose of food waste in secure bins – do not leave it lying about

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# RAPHAEL CONTRACTING LTD

## RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL- 06) – WELFARE ARRANGEMENTS	Date: 06/07/2022
Location: 21 MOORFIELDS	Start Time: 11:30
Duration (Minutes) 30 mins	End Time: 12:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
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C. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended  
06

Duration  
30 mins

Total Time  
3 hours

Employer Reference  
2453745

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				NEXT REVIEW DATE:	07/02/2014	





## Toolbox Talk No. 6 WELFARE ARRANGEMENTS

### GENERAL WELFARE

- The CDM 2015 Regulations outline the welfare requirements on site
- Sufficient toilets, wash basins, drying spaces and rest areas must be provided to cope with the number of operatives on site
- Toilets and wash basins must be properly maintained and kept clean – hot and cold water must be provided, preferably running water
- If you change out of 'street' clothes into working clothes, a changing area should be provided with storage facilities for your 'street' clothes
- Rest areas should include one or more rest rooms which must be arranged so that non-smokers are protected from the effects of cigarette smoke. They may also need to be heated, depending up on the time of year.

### OPERATIVES' RESPONSIBILITIES

- Site staff should expect to use welfare facilities without finding them dirty, vandalised or covered in graffiti – leave them as you wish to find them
- Use the appropriate rest area depending upon whether you are a smoker or not
- Tell your supervisor if you are aware that welfare facilities are being deliberately damaged or otherwise misused

### FOOD SAFETY

- Larger sites may provide hot or cold food facilities as part of welfare arrangements
- All food must be stored, handled and prepared in hygienic conditions
- Anyone preparing food for others must observe good standards of personal hygiene, not smoke in food preparation areas and report certain illnesses
- Where a cooker or microwave oven is provided for you to prepare your own food, ensure the food is thoroughly cooked – undercooked food can lead to food poisoning
- Dispose of food waste safely, do not encourage rats or other vermin

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**SITE: 21 MOORFIELDS**

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