



TRAINING AND DEVELOPMENT PLAN

SHORT TRAINING SESSION ATTENDANCE SHEET

Title: <u>Material Handling and Housekeeping</u>	Date: <u>15.08.22</u>
Location: <u>Hoxton Hotel</u>	Start Time: <u>07:30</u>
Duration (Minutes) <u>30min</u>	End Time: <u>08:00</u>
Presenters name: <u>A. Kulsinskas</u>	Presenters Signature:

	Candidate's Name	Name of Employer	Candidate's Signature
1	<u>S. Simonovic</u>	<u>RCL</u>	 I confirm that I have understood the Tool Box Talk
2	<u>A. Wilson</u>	<u>RCL</u>	 I confirm that I have understood the Tool Box Talk
3	<u>A. Lidzins</u>	<u>RCL</u>	 I confirm that I have understood the Tool Box Talk
4	<u>B. Ramchande</u>	<u>RCL</u>	 I confirm that I have understood the Tool Box Talk
5	<u>S. Hirani</u>	<u>RCL</u>	 I confirm that I have understood the Tool Box Talk
6	<u>Stephen B.I.</u>	<u>OSP</u>	 I confirm that I have understood the Tool Box Talk
7	<u>A. Gabor</u>	<u>OSP</u>	 I confirm that I have understood the Tool Box Talk
8	<u>R. Rama</u>		 I confirm that I have understood the Tool Box Talk
9			I confirm that I have understood the Tool Box Talk
10			I confirm that I have understood the Tool Box Talk
11			I confirm that I have understood the Tool Box Talk
12			I confirm that I have understood the Tool Box Talk
13			I confirm that I have understood the Tool Box Talk
14			I confirm that I have understood the Tool Box Talk
15			I confirm that I have understood the Tool Box Talk

Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended <u>8</u>	Duration <u>30min</u>	Total Time <u>4h.</u>	Employer Reference <u>2453745</u>
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PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: 21 MOORFIELDS


OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIZ VEST	GLOVES	EAR DEFENDERS / PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
K.KULSINSKAS						✓				✓		29/06/22
Chris Sanders						✓	✓				C.S	29/06/22
E. A maning						✓	✓				Amc 1.	29/06/22
K. O'Kallay				✓						✓		12/07/22
I. GIRMU (AIAA)		✓	✓				✓					25/07/22
B. STINCHER		✓					✓					29/07/22
D. SANDERS				✓						✓	D.S Sanders,	22/08/22

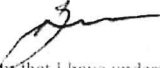
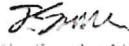




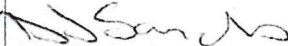
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RAPHAEL CONTRACTING LTD

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL-19) - SKIN PROTECTION	Date: 16/08/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature: 

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
V. BALIULIEVICIUS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
E. AMANING	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. BASQUILLE	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended
07

Duration
30 mins

Total Time
3 ½ hours

Employer Reference
2453745

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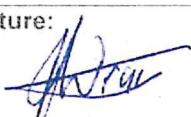
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RAPHAEL

CONTRACTING LTD

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL- 19) – SKIN PROTECTION	Date: 16/08/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature: 

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
I. GIRBV	RCL / ASSA ABLOY	 I Confirm that I have understood the Toolbox Talk
D. KONSTANTINOV	RCL / ASSA ABLOY	 I Confirm that I have understood the Toolbox Talk
M. PERKINS	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk
O. STRINGER	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk
B. STRINGER	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk
S. DAVEY	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended
06

Duration
30 mins

Total Time
3 hours

Employer Reference
2453745

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Toolbox Talk No. 19 SKIN PROTECTION

Dermatitis (skin inflammation / irritation) accounts for over half all working days lost through industrial sickness. Some people are more likely to get it than others are but it is not catching. It most commonly affects the hands, forearms and legs.

Hazards to the Skin

1. Mineral oils i.e. fuel and mould oils, can give you bad skin conditions i.e. Oil Acne or even Cancer.
2. Constant skin contact with oily rags in overall pockets.
3. Chemicals, including alkalis, acids, and chromates can penetrate skin, causing ulcers and dermatitis.
4. Cement can cause chronic dermatitis. Wet cement is alkaline and can burn your skin!

Q: What hazards are there from contact with mineral oil?

5. Solvents and de-greasers, including paraffin and thinners, dissolve natural oils in skin, leaving it open to infection.
6. Tar, pitch, and bitumen products cause blisters and oil acne. They can cause tar warts, leading to cancer.
7. Epoxy-resin hardeners, glass fibre, some hard woods, and fungicides irritate and can lead to dermatitis.
8. Extremes of sunshine, temperature, and humidity make the skin more susceptible to dermatitis and other skin problems.
9. Some substances take weeks, months or even years to cause dermatitis. This is because the skin becomes allergic to them. Examples are chrome and nickel compounds, some resins, glues and hardeners, some woods and paints and some chemicals.

Q: What effect do solvents have on your skin?

Precautions to Protect Your Skin

1. Avoid skin contact with hazardous substances.
2. Wear the correct personal protective equipment e.g. gloves.
3. Keep your skin clean and use barrier cream.
4. Keep your workplace clean.
5. Get first aid for cuts and grazes, keep them covered.
6. Keep your top on! Protect yourself from the sun.
7. be extra vigilant with irritant or allergic substances if you suffer from eczema or allergic rashes.

Q: What can you wear to protect your skin?

7. Don't use abrasives or solvents to clean your skin.
8. Don't let synthetic resins or glue harden on your skin.
9. Examine your skin for the appearance of warts or changes to moles.
10. Never wear oil-contaminated clothes next to your skin, change them as soon as you can!
11. If in doubt, seek medical attention.

Q: If you notice rashes or warts what should you do?

Questions for you:

Q: What should not be used to clean your skin?

Q: How can exposure to the sun affect you?

REMEMBER: If you notice any changes to your skin, see your doctor!

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