




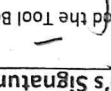
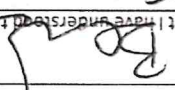
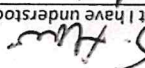
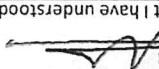
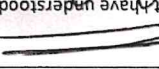
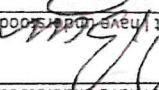
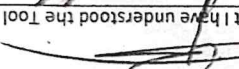
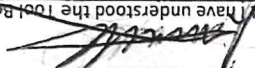
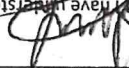
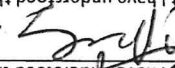
## PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: Hoxton

OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIS VEST	GLOVES	EAR DEFENDER S/ PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
L. Farrell	✓	✓	✓	✓			✓				<i>[Signature]</i>	11.08.22
B. Ramchande				✓		✓				✓	<i>[Signature]</i>	12.08.22
Stephen B I				✓						✓	<i>[Signature]</i>	16.08.22
A. Wren		✓				✓				✓	<i>[Signature]</i>	17.08.22
V. Maksymuk		✓	✓	✓		✓	✓				<i>[Signature]</i>	01.09.22
P. Cozaru	✓	✓		✓	✓	✓	✓				<i>[Signature]</i>	08.09.22
A. Kulsinskas				✓						✓	<i>[Signature]</i>	15.09.22

**TRAINING AND DEVELOPMENT PLAN  
SHORT TRAINING SESSION ATTENDANCE SHEET**

<b>Title:</b> Safe loading and load restraints		<b>Location:</b> Hoxton Hotel	<b>Duration (Minutes)</b> 30min	<b>Presenters name:</b> A. Kulisivskas,
<b>Date:</b> 21.09.22	<b>Start Time:</b> 08:00	<b>End Time:</b> 08:30	<b>Presenters Signature:</b> 	

	Candidate's Name	Name of Employer	Candidate's Signature
1	A. Lidzius		
2	B. Ramchande	RCL	
3	S. Hitaru		
4	N. Tigatig	RCL	
5	A. Wren		
6	D. Batt	RCL	
7	R. Ramo	RCL	
8	L. Farrell	RCL	
9	V. Masymuk	RCL	
10	R. Cozaru	RCL	
11			
12			
13			
14			
15			

**Grant Claim Information**

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended	10
Duration	30min
Total Time	5h
Employer Reference	2453745



# RAPHAEL CONTRACTING LTD

## TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

No. 15 Title: <i>HEARING PROTECTION AND NOISE</i>	Date: <i>21/09/22</i>
Location: <i>Repton Gardens</i>	Start Time: <i>730</i>
Duration (Minutes) <i>30min</i>	End Time: <i>800</i>
Presenters name: <i>S. Simonovic</i>	Presenters Signature: <i>[Signature]</i>

	Candidate's Name	Name of Employer	Candidate's Signature
1	<i>D. RASCICIC</i>	<i>RCL</i>	<i>[Signature]</i> I confirm that I have understood the Tool Box Talk
2	<i>S. GAZDAR</i>	<i>RCL</i>	<i>[Signature]</i> I confirm that I have understood the Tool Box Talk
3	<i>T. DRAGULIS</i>	<i>OSP</i>	<i>[Signature]</i> I confirm that I have understood the Tool Box Talk
4			I confirm that I have understood the Tool Box Talk
5			I confirm that I have understood the Tool Box Talk
6			I confirm that I have understood the Tool Box Talk
7			I confirm that I have understood the Tool Box Talk
8			I confirm that I have understood the Tool Box Talk
9			I confirm that I have understood the Tool Box Talk
10			I confirm that I have understood the Tool Box Talk
11			I confirm that I have understood the Tool Box Talk
12			I confirm that I have understood the Tool Box Talk
13			I confirm that I have understood the Tool Box Talk
14			I confirm that I have understood the Tool Box Talk
15			I confirm that I have understood the Tool Box Talk

### Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended	Duration	Total Time	Employer Reference
<i>3</i>	<i>30min</i>	<i>1 1/2</i>	<i>2453745</i>

DOCUMENT REFERENCE: DOCUMENT OWNER:	SIT-FM-007 DAS	VERSION NO: 1.1	CREATION DATE: LAST REVISION DATE:	07/02/2013 01/03/2018	Page 1 of 1
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### Toolbox Talk No. 15 HEARING PROTECTION AND NOISE

**Fact:** When you're deaf, you stay deaf

Excessive noise from plant and tools on site can cause, over a period of time, progressive and irreversible loss of hearing – before this permanent loss, rushing or ringing noises in the ear can be a constant source of annoyance. This is called "TINNITUS".

#### Hazards

1. Some of the following things used on site can be harmful to your hearing: compressors, breakers, circular saws, concrete mixers, power tools, paslode guns and mobile plant.
2. You may not be using the noisy equipment. However, someone nearby may be. It could affect your hearing.
3. Look out for noise hazard signs and obey them and observe hearing protection zones.

**Q:** Name some noise hazards to be found on site.

#### Controlling noise

1. Do it a less noisy way, if possible.
2. If shouting is necessary in order to be heard, wear ear protectors.
3. Keep compressor covers closed when in use, ensure breaker mufflers are correctly fitted and that airlines do not leak – this can cause unnecessary noise.

**Q:** When should ear protection be worn?

4. Don't keep machinery running unnecessarily.
5. Don't expose workmates to your noise.
6. Move noise source away or move away from noise.
7. If possible, shield noisy processes, work behind a wall or some other sound absorbing material.

**Q:** Name two precautions you can take with machinery to reduce noise.

#### Ear Protection

1. Cotton wool plugs are not effective!
2. Ensure earplugs are a good fit and correctly inserted.
3. Regularly clean re-usable earplugs.
4. Only use disposable earplugs once.
5. Clean your hands before touching all types of earplugs.

**Q:** What should not be used instead of earplugs?

6. The seal on the earmuff cup should fit all the way round your head.
7. Ensure that earmuffs are worn the correct way round.
8. Ensure earmuff seals are always in serviceable condition.
9. Don't alter pressure of earmuffs by bending headband.
10. If you have difficulty in wearing earmuffs, report it.

**Q:** What must you ensure when wearing earmuffs?

#### Questions for you:

**Q:** How can you reduce noise levels from a machine?

**Q:** What must you remember when handling earplugs?

**REMEMBER:** Once you lose it, it's gone forever!

DOCUMENT REFERENCE:	TOOLBOX TALKS	VERSION NO:	8	CREATION DATE:	11/08/2010	Page 22 of 141
DOCUMENT OWNER:	MOB			LAST REVISION DATE:	10/05/2018	





**SITE: REPTON GARDENS**

[illegible]



## PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: 21 MOORFIELDS

OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIZ VEST	GLOVES	EAR DEFENDERS / PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
D. BLATUNBOSUN	Strong ✓	✓	✓				✓				<i>[Signature]</i>	13/09/22
I. ARSENIĆ		✓					✓				<i>[Signature]</i>	13/09/22
R. WANE		✓					✓				<i>[Signature]</i>	13/09/22
R. OCEJNICZAK	✓	✓	✓	✓			✓				<i>[Signature]</i>	14/09/22
K. KULINSKA		✓		✓						✓	<i>[Signature]</i>	14/09/22
G. GAVRILUT	✓	✓		✓			✓				<i>[Signature]</i>	14/09/22
R. OCEJNICZAK	✓	✓		✓			✓				<i>[Signature]</i>	14/09/22
W. MADYNSKY	✓	✓		✓							<i>[Signature]</i>	20.09.22
M. Hudyma	✓	✓		✓			✓				<i>[Signature]</i>	20.09.22
O. Olatunbosun				✓			✓				<i>[Signature]</i>	20/09/22
Sergii Vilkov	✓						✓				<i>[Signature]</i>	20/09/22
MOREE BURAUSS	✓	✓	✓				✓				<i>[Signature]</i>	20/09/22
SAGGIO GEDDARI		✓					✓				<i>[Signature]</i>	20/09/22

PAGE 03

DOCUMENT REFERENCE: DOCUMENT OWNER:	SIT-FM-008 DAS	VERSION NO: 1.1	CREATION DATE: LAST REVISION DATE:	07/02/2013 04/02/2016	Page 1 of 1
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**SITE: 21 MOORFIELDS**

**PAGE 04**



# RAPHAEL CONTRACTING LTD




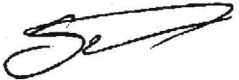




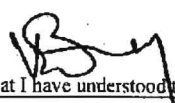
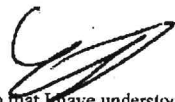


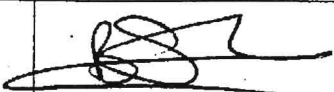
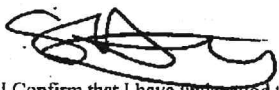
## RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL- 15) HEARING PROTECTION AND NOISE	Date: 20/09/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. KULSINKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. CONYERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
O. SLAV	RAPHAEL CONTRACTING LTD / MSG	 I Confirm that I have understood the Toolbox Talk
G. GAVRILUT	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
R. WADE	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk

DOCUMENT REFERENCE:	SIT-FM-007	VERSION NO:	1.0	CREATION DATE:	07/02/2013	Page 1 of 1
DOCUMENT OWNER:	DAS			LAST REVISION DATE:	N/A	
				NEXT REVIEW DATE:	07/02/2014	



Y. HUDYMA	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
W. MADYNSKYJ	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
O. SHWUMANSKIY	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
K. STALNIONIS	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
F. ROBIN	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
O. OLATUNBOSUN	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
M.A. HOQUE	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
I. ARSENIIE	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
V. BURDUSEL	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
S. GEDEGAUDAS	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
S. VILKLOV	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
O. STRINGER	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk
B. STRINGER	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk
S. DAVEY	RCL / STAFFORD BRIDGE	 I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

**No. Attended**  
**22**

**Duration**  
**30 mins**

**Total Time**  
**11 hours**

**Employer Reference**  
**2453745**

DOCUMENT REFERENCE:	SIT-FM-007	VERSION NO:	1.0	CREATION DATE:	07/02/2013	Page 2 of 1
DOCUMENT OWNER:	DAS			LAST REVISION DATE:	N/A	
				NEXT REVIEW DATE:	07/02/2014	



### Toolbox Talk No. 15 HEARING PROTECTION AND NOISE

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DOCUMENT REFERENCE:	TOOLBOX TALKS	VERSION NO:	10	CREATION DATE:	11/08/2010	Page 22 of 141
DOCUMENT OWNER:	MOB			LAST REVISION DATE:	Oct-2021	