

# PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

## SITE: 21 MOORFIELDS

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07/02/2013 04/02/2016

CREATION DATE: LAST REVISION DATE:

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VERSION NO:

SIT-FM-008 DAS

DOCUMENT REFERENCE: DOCUMENT OWNER:



# PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

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## RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL- 17) FOOT & ANKLE PROTECTION	Date: 06/10/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
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K. KULSINSKAS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
D. SANDERS	RAPHAEL CONTRACTING LTD	1 Confirm that I have understood the Toolbox Talk
Ŕ. O'MALLEY	RAPHAEL CONTRACTING LTD	1 Confirm that I have understood the Toolbox Talk
V. BALIUVICIUS	RAPHAEL CONTRACTING LTD	Contiem that I have understood the Toolbox Talk
E. AMANING	RAPHAEL CONTRACTING LTD	1 Confirm that I have understood the Toolbox Talk
J. BASQUILLE	RAPHAEL CONTRACTING LTD	I Confirm that Have understood, the Toolbox Talk
O. SLAV	RAPHAEL CONTRACTING LTD / MCG	Confirm that I have understood the Toolbox Talk
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O. SHWUMANSKIY	RAPHAEL CONTRACTING LTD / OSP	I Confirm that I have understood the Toolbox Talk
R. WADE	RAPHAEL CONTRACTING LTD / OSP	Ruell Confirm that I have understood the Toolbox Talk

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S. GEDEGAUDAS	RAPHAEL CONTRACTING LTD / APPEX	Spendell I Confirm that I have understood the Toolbox Talk
S. VILKI.OV	RAPHAEL CONTRACTING LTD / APPEX	Stilkout I Confirm that I have understood the Toolbox Talk
M. MIHAYLOV	RAPHAEL CONTRACTING LTD / APPEX	I Confirm that I have understood the Toolbox Talk
A. LEOGAN	RAPHAEL CONTRACTING LTD / APPEX	HAM I Confirm that I have understood the Toolbox Talk
D. GEORGIU	RAPHAEL CONTRACTING LTD / APPEX	Deflution that I have understood the Toolbox Tulk
E. CHIRLOV	RAPHAEL CONTRACTING LTD / APPEX	1 Confirm that I have understood the Toolbox Talk
V. ANDRONIC	RAPHAEL CONTRACTING LTD / APPEX	I Confirm that I have understood the Toolbox Talk
P. DOBIC	RAPHAEL CONTRACTING LTD / APPEX	I Confirm that I have understood the Toolbox Talk
B. STRINGER	RAPHAEL CONTRACTING LTD / S-BRIDGE	I Confirm that I have understood the Toolbox Talk
S. DAVEY	RAPHAEL CONTRACTING LTD / S-BRIDGE	I Confirm that I have understood the Toolbox Talk
O. STRINGER	RAPHAEL CONTRACTING LTD / S-BRIDGE	1 Conferm that I have understood the Toolbox Talk
D. PERKINS	RAPHAEL CONTRACTING LTD / S-BRIDGE	I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended Duration 26

30 mins

Total Time 13 hours

Employer Reference 2453745

DOCUMENT REFERENCE: DOCUMENT OWNER:	SIT-FM-007 DAS	VERSION NO:	1.0	CREATION DATE: LAST REVISION DATE: NEXT REVIEW DATE:	07/02/2013 N/A 07/02/2014	Page 2 of 1
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## Toolbox Talk No. 17 FOOT AND ANKLE PROTECTION

Fact: Every year people sustain foot injuries from falling objects or slipping and tripping.

Large numbers of major injuries to feet and ankles are reported to the HSE every year, but sensible, robust, safety footwear will reduce this unnecessary loss of time and considerable pain which follows these injuries. Under the Personal Protective Equipment at Work Regulations 1992, your employer must provide you with protective footwear, where you are exposed to the risk of foot injury. If you are self-employed you must provide your own safety footwear.

You have a legal obligation to wear equipment provided for your safety.

## The two main causes of foot injuries are:

- Treading on sharp objects, such as nails, which pierce the soles of the foot.
- Objects dropping causing crush injuries.

## Other Potential Hazards

- 1. Stacked material falling onto feet.
- 2. Spatter and sparks from welding and cutting.
- 3. Slippery floor surfaces.
- 4. Poor housekeeping presents slip and trip hazards.
- Q: What are the two main causes of foot injuries? And what hazards could you encounter in your workplace?
  - 5. Poor and badly worn footwear offers little ankle support.
  - 6. Worn soles can affect your grip.
  - 7. Incorrect footwear for the job could promote an injury i.e. open fronted boots for welding.
- Q: How can worn footwear affect you?

## Foot and Ankle Protection

Totally unsuitable footwear, such as trainers, or sandals, which offer no protection are not permitted on construction sites.

## Suitable safety boots, shoes and trainers:

- 1. High leg lace-up boots provide support and may prevent a twisted ankle.
- 2. In wet conditions or when working with concrete Wellington boots may be the best bet.
- 3. Steel toecaps are required for toe protection.
- 4. Made of strong material such as leather or rubber to support and prevent twisted ankles
- Q: What must you ensure when issued with safety footwear?
- 5. Where nails and other sharp objects may be present, steel mid-sole protection will be required.
- 6. Ensure that the footwear fits you and is fit for the job.
- Take care of any footwear issued to you.
- 8. Ensure any damaged, lost, or worn footwear is replaced immediately.
- 9. Badly worn soles can increase your chances of slipping.
- Q: If your footwear is damaged what should you do?
- Q: How can worn footwear contribute towards you having an accident?
- Q: In a workplace littered with slip and trip hazards, describe the features you would like to see in a boot?

**REMEMBER:** Wear and protect!

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DULY AUTHORISED BY THE CLIENT COMPANY

IVMe confirm the hours given are correct. The standard of work was satisfactory and we accept a charge for these hours.

I/We agree to pay OSP GRP LTD in respect of the hours given within 7 days of the date of invoice date.

We confirm that osp GRP LTD Terms and Conditions are the sole terms of this contract.

SIGNATURE: JASON WYAY,
POSITION: PROJECT MANAGER

SIGNATURE: JASON WAAY
POSITION: PROJECT MANAGER
PRINT NAME: JASON WRAY
DATE: 10/10/22

In the event of the Engagement by the Client of a Temporary Worker supplied by the Employment Business either (1) directly or (2) pursuant to being supplied by another Employment Business or company, within either-. The duration of the Assignment where there has been a break of more than 42: supplied by another Employment Business or company, within either-. The duration of the Assignment days (6 weeks) since the end of the previous Agreement), or 8 weeks from the day after the last day the 'Employment Oxforter worked on the Assignment the Client shall be liable, to either an extended period of hire or a transfer fee the length or amount of which is to be agreed between the Employment Business and the Client. For further information, please refer to clause 8 of the Contract and Confirmation of Terms of Business.



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Nork or Site Address:	21 Moorfields Apex House, 1 Bridle Path	EC2M 6TX Watford Hertfordshire, WD17 1UE	I el. 01923 200 111, Fax. 01923 200 112	Reporting To:	Details for Week Ending (Date):
Client Account Name & Address:	Raphael Contracting Limited			Accounts Number:	

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## TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

No Title	.29 e: SAFETY ALERT PODILI	M STEPS	Da	te: 03/10/22
Loc	ation: Repton Gardens		Sta	rt Time: .7 30
Dur	ration (Minutes) 30		End	d Time: 800
Pre	senters name: SLAV SILLE NO	er'c.	Pre	esenters Signature:
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	Candidate's Name	Name of Emplo	yer	Candidate's Signature
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**Grant Claim information** 

Note: Claims can only be made for your employees or labour-only sub-contractor	Note: Claims can only	be made for vo	our employees or	labour-only s	ub-contracto
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No. Attended

Duration

**Employer Reference** 2453745

Total Time

L/2 h.





## Toolbox Talk No. 29 SAFETY ALERT PODIUM STEPS

## THE INCIDENT

- An electrician was working from a podium step to fix a ceiling mounted conduit. Shortly after ascending
  the podium his workmate, who was in the same room, heard a shout and turned to see the podium
  step overturning and his colleague falling with it.
- As the podium fell to the floor the electrician struck his head against a wall, just above floor height.
- The electrician partially lost consciousness and appeared very confused. The site team called an
- ambulance and at hospital the electrician was diagnosed with a compression injury, necessitating a stay in hospital of five days for observation.
- Considering the distance that the electrician fell and his own momentum from the fall, it is surprising
  and fortunate that he did not sustain a fractured skull or possibly worse.

## INVESTIGATION

- The room within which the electrician was working had an existing timber floor, which was in good condition, without holes or openings and was also level. Although there were some materials stored within the room, they did not affect the use of the podium. The location where the podium step was being used was directly beneath the conduit being fixed, so overreaching was not necessary.
- On examining the podium several issues were identified. None of the four wheel locks had been
  engaged; the guardrail had not been raised to suit the (adjustable) platform height of 1.25m; a diagonal
  brace (normally attached between the two side frames) had not been fitted, it remained in its stowed
  position. The podium was also in a generally poor condition, with some parts not moving easily, and
  other parts clearly misaligned/bent.
- Although the plant hire company had provided instructions with the podium, these remained sealed
  within a wallet attached to the podium. The M&E contractor had not provided any form of instruction
  to their operatives on the assembly and use of this type of podium.
- Without the diagonal brace in position, the podium is prone to leaning or 'sagging' to one or another side by approximately 50mm. Whilst this tendency alone will not make the podium overturn, combined with the poor maintenance and the unlocked wheels these factors definitely contributed to the overturning.
- What most probably happened at the time of the accident is that the podium leaned to one side, probably due to the electrician moving to one side of the platform. As his weight was thrown further over the side of the podium by the unexpected movement, his momentum together with the wheels being unlocked caused his weight to move outside the balance point of the podium causing it to overturn.

## **SUMMARY**

- The electrician was not familiar with this particular type of podium that he was given to use. Although he had not assembled the podium himself, had he been given instruction on its assembly and use, it is more likely that he would have known that the diagonal brace was still in its stowed position.
- Podium steps have been developed and marketed over a relatively short period of time, with several
  different types now available and in regular use. This makes it very important that users are instructed
  in their use for each type that they're expected to use. Had this happened in this instance this
  accident would likely not have occurred.

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## ACTION

- Whenever a contractor brings podium steps to site, a tool box talk on their assembly and use must be carried out, for each type in use. This tool box talk must also be recorded.
- As podium steps are still relatively new pieces of equipment, and also to avoid a repeat of this accident, it is also important that site managers are familiar with the types of podium in use on their projects.

## CONCLUSION

The following is general advice applicable to podium use:

- Users instructed in assembly and use
- All podium components fitted
- Outriggers extended (if fitted)
- Platform gates closed and locked (these sometimes contribute to stability)
- Wheel locks engaged
- Podium positioned to avoid overreaching
- Guardrails adjusted to suit platform height
- Podiums inspected regularly