



TRAINING AND DEVELOPMENT PLAN

SHORT TRAINING SESSION ATTENDANCE SHEET

Title: <u>Hand arm vibration</u>	Date: <u>26.10.22</u>
Location: <u>Hoxton Hotel</u>	Start Time: <u>10:00</u>
Duration (Minutes) <u>30min</u>	End Time: <u>10:30</u>
Presenters name: <u>A. Kulsinkas</u>	Presenters Signature:

	Candidate's Name	Name of Employer	Candidate's Signature
1	<u>G. Diaconu</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
2	<u>D. RASCICIAI</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
3	<u>N. JALATHA</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
4	<u>A. Lickius</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
5	<u>R. RAMMA</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
6	<u>Alex. Gabar</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
7	<u>BERNARDO</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
8	<u>ALEX. W</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
9	<u>DINESH PISAWALA</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
10	<u>M. BHANJ</u>	<u>RCL</u>	I confirm that I have understood the Tool Box Talk
11			I confirm that I have understood the Tool Box Talk
12			I confirm that I have understood the Tool Box Talk
13			I confirm that I have understood the Tool Box Talk
14			I confirm that I have understood the Tool Box Talk
15			I confirm that I have understood the Tool Box Talk

Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended	Duration	Total Time	Employer Reference
<u>10</u>	<u>30min</u>	<u>5h.</u>	<u>2453745</u>

DOCUMENT REFERENCE:	SIT-FM-007	VERSION NO:	1.1	CREATION DATE:	07/02/2013	Page 1 of 1
DOCUMENT OWNER:	DAS			LAST REVISION DATE:	01/03/2018	



PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: 21 MOORFIELDS

OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIZ VEST	GLOVES	EAR DEFENDERS / PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
CHRISTIAN MANEA	✓	✓	✓	✓			✓				<i>Christian Manea</i>	10/10/22
ZHANKO GOSTADIN	✓	✓	✓	✓			✓				<i>Zhanko Gostadin</i>	10/10/22
H. PAPAVILAZ	✓	✓	✓	✓			✓				<i>H. Papavilaz</i>	10/10/22
S. SIMONOVIC	✓						✓				<i>S. Simonovic</i>	20/10/22
Joseph Smith				✓						✓	<i>Joseph Smith</i>	24/10/22
E. Amaning				✓						✓	<i>E. Amaning</i>	24/10/21
Pavel Dobric				✓						✓	<i>Pavel Dobric</i>	27/10
Edward Chirilov				✓						✓	<i>Edward Chirilov</i>	
S. Simonovic				✓						✓	<i>S. Simonovic</i>	27/10


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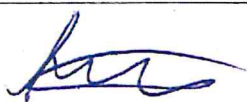

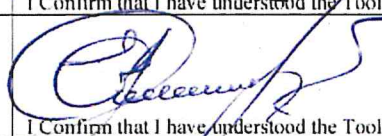

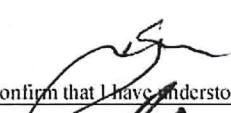
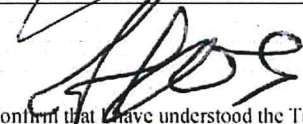

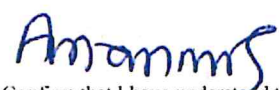
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RAPHAEL CONTRACTING LTD

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL 70) ENVIRONMENTAL MANAGEMENT SYSTEM	Date: 25/10/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature: 

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
S. SIMONOVIC	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
V. BALIUVICIUS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
H. MANILAL	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
E. AMANING	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk

O. SLAV	RAPHAEL CONTRACTING LTD / MCG	 I Confirm that I have understood the Toolbox Talk
O. SHWUMANSKIY	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
K. STALNIONIS	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
G. VLADUT	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
Z. KOSTADINOV	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
F. MANEA	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
I. ARSENIIE	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
S. GEDEGAUDAS	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
S. VILKLOV	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
A. LEOGAN	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
D. GEORGIU	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
E. CHIRLOV	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
V. ANDRONIC	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
P. DOBIC	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended
22

Duration
30 mins

Total Time
11 hours

Employer Reference
2453745

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Toolbox Talk No. 70 ISO14001 - ENVIRONMENTAL MANAGEMENT SYSTEM

Raphael Contracting Ltd have been awarded ISO14001 certification for the way it manages its environmental impacts. ISO14001 accreditation means that Raphael has to continually find ways to improve its environmental performance. This means that RCL will have an independent auditor check its processes and results on an annual basis, according to an international standard of achievement.

ISO14001 is voluntary and there is no legal requirement to have it, but it will help Raphael:

- To meet the requirements of main contractors
- Stay 'ahead of the game' and their competitors
- Score well in tenders and secure contracts and
- Fully implement its environmental policy
- Manage environmental risk on contracts and in supply chain
- To ensure compliance with environmental legislation
- Improve their environmental impact and reduce overheads year-on-year

What is the company going to do for ISO14001?

This is set out in our environmental policy and our environmental management plan for the year, as a minimum we will:

- Set clear objectives and targets for managing and reducing our environmental impacts
- Continual improvement - we need to keep setting ourselves new environmental targets
- Legal compliance with all relevant environmental legislation
- Prevention of pollution
- Make efficient use of resources
- Supply chain - subcontractor assessment and purchase wood and wood-related products that are F.S.C. or P.E.F.C. certified.
- Improve waste management and reduce waste to landfill where possible;
- Minimise energy consumption through effective energy management;
- Manage our vehicles and business travel efficiently
- Manage and control water consumption and effluent discharges

What do I need to do?

- Appraise yourselves of the environmental policy statements
- Help the auditors (internal and external), we are not trying to test you or catch you out
- Don't say 'ISO14001 is nothing to do with me'! It is everybody's responsibility.
- Take notice of the raw materials that you are using – is there any wastage?
- Take notice of what you are throwing away – could it be used again?
- Tell us if you notice any areas of wastage or any potential hazards / risks that have not been addressed
- We need your feedback and suggestions for continual improvement


For more information or to put forward suggestions, speak to your ISO14001 team:

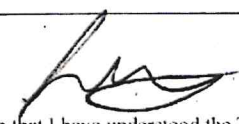

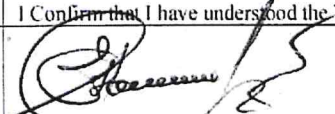
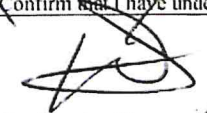
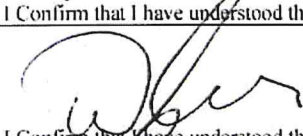
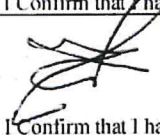


- Rachel Widdows – 07960 584998
- Martin O'Brien, Paul Haugh, James Hayhoe, Debbie Singh, Paul Bennett

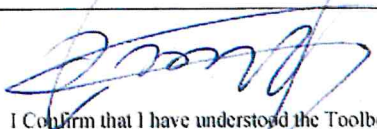

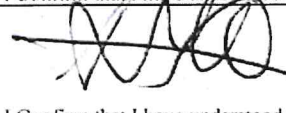
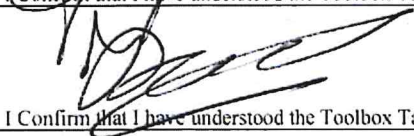
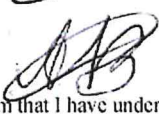
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RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL 28) MOBILE ELEVATING WORK PLATFORMS (MEWPS) AND SRM MEMO ON FAILED ECOLIFT	Date: 28/10/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature: 

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
S. SIMONOVIC	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. CONYERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
II. MANILAL	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
E. AMANING	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk

O. SLAV	RAPHAEL CONTRACTING LTD / MCG	 I Confirm that I have understood the Toolbox Talk
O. SHWUMANSKIY	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
K. STALNIONIS	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
G. VLADUT	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
F. MANEA	RAPHAEL CONTRACTING LTD / OSP	 I Confirm that I have understood the Toolbox Talk
I. ARSENIIE	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
S. VILKLOV	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
A. LEOGAN	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
D. GEORGIU	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
E. CHIRLOV	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
V. ANDRONIC	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk

Grant Claim Information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended 19	Duration 30 mins	Total Time 9 ½ hours	Employer Reference 2453745
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Toolbox Talk No. 28 MOBILE ELEVATING WORK PLATFORMS (MEWP)

HAZARDS

- Operatives falling from height due to unsafe work practices
- Overturning of the machine due to poor operating technique or unsatisfactory ground conditions
- Collision with other vehicles (knuckle or elbow of boom moving into the path of other traffic)
- Tools and materials, etc. falling from height
- Contact with high level, live electrical cables and other obstructions
- Exhaust fumes, if using in a confined area
- High wind speeds and other adverse weather conditions

PRECAUTIONS

- All operators of mobile elevating work platforms must be trained in their use
- Operators should only operate the types of mobile elevating platform for which they have been trained
- Always check that the machine is stable before use
- Use outriggers or stabilisers, where necessary
- Except for scissor lifts, users should wear a safety harness clipped to machine
- Ensure that the ground conditions are suitable for the type of machine in use
- Do not load the machine beyond its safe working load
- If your work involves removing equipment or materials from a structure, don't forget to allow for the extra weight
- When manoeuvring in a confined area or where members of the public are at risk, always use a signaller
- Be prepared to stop work and return to ground level if the wind speed or weather condition deteriorate to an unacceptable level

REFUELLING

- Always turn the engine off before refuelling
- LPG powered machines must be refuelled in open spaces where any spillage can easily and quickly disperse
- It is good practice to carry out refuelling of all machines in the open air
- Avoid skin contact if refuelling diesel oil, and clean up any spillage to avoid a slipping hazard

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- ALL USE OF ECOLIFTS (<https://mephire.co.uk/product/ecolift-4-2/>) SUSPENDED WITH IMMEDIATE EFFECT.
- LIST OF ECOLIFTS TO BE COMPILED BY EACH SUB-CONTRACTOR WITH SERIAL NUMBER, THOROUGH EXAMINATION CERTIFICATE NUMBER, THOROUGH EXAMINATION EXPIRY DATE (6 MONTHS AFTER LAST EXAM DATE) AND HIRE COMPANY.
- SPEAK TO ALL USERS OF ECOLIFTS TO FIND OUT IF THIS HAS HAPPENED BEFORE ON THIS PROJECT / ANY OTHER REPORTED DEFECTS.
- CONTACT YOUR HIRE COMPANY TO REQUEST THEM TO COME AND INSPECT THE ECOLIFTS YOU HAVE ON HIRE AND GIVE THE DATE THEY SAY THEY CAN DO THIS.