



# RAPHAEL CONTRACTING LTD

## RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL 69) – ISO 45001 – HEALTH & SAFETY MANAGEMENT SYSTEM	Date: 31/01/2023
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINKAS	RAPHIAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. SANDERS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
A. KULSINKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
V. BALIUVICIUS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D. BARR	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
B. RAMCHANDE	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
H. MANILAL	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
E. AMANING	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
E. CHIRLOV	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
P. DOBIC	RAPHAEL CONTRACTING LTD / APPEX	 I Confirm that I have understood the Toolbox Talk
C. HART	RCL / STAFFORD BRIDGE/ 247 NATIONAL	 I Confirm that I have understood the Toolbox Talk

**Grant Claim information Note:** Claims can only be made for your employees or labour-only sub-contractors

No. Attended 12	Duration 30 mins	Total Time 6 hours	Employer Reference 2453745
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**Toolbox Talk No. 69 ISO 45001 – HEALTH AND SAFETY MANAGEMENT SYSTEM**

Raphael Contracting Ltd were awarded ISO 45001 certification (originally OHSAS 18001) in March 2010 for the way it manages its health and safety risks and the plans it has to improve its health and safety performance. This means that RCL will have an independent auditor check its processes and results on an annual basis, according to an international standard of achievement.

ISO 45001 is voluntary and there is no legal requirement to have it, but it will help Raphael:

- To meet the requirements of main contractors
- Stay 'ahead of the game' and their competitors
- Score well in tenders and secure contracts and
- Fully implement its health and safety policy
- Manage health and safety risks on contracts and in supply chain
- To ensure compliance with health and safety legislation
- Improve their health and safety impact and reduce overheads year-on-year

**What is the company going to do for ISO 45001?**

This is set out in our health and safety policy and our health and safety management plan for the year, as a minimum we will:

- Set clear objectives and targets for managing and reducing our health and safety risks
- Continual improvement - we need to keep reviewing our health and safety management and identifying where we can improve
- Legally comply with all relevant health and safety legislation

**What do I need to do?**

- Appraise yourselves of the health and safety policy statement and documentation relevant to your site e.g. method statements, risk assessments, health and safety notice boards
- Make sure you know what the employee's responsibilities are for health and safety
- Alert someone if you know your CSCS card or other certificates are nearly out of date
- Alert someone if your PPE is defective / missing or you have issues with the tools / equipment you are working with on site
- Help the auditors (internal and external), we are not trying to test you or catch you out, but we are just checking that health and safety issues are being properly managed in the company
- Tell us if you notice any potential concerns / hazards / risks that have not been addressed
- Don't say 'ISO45001 is nothing to do with me'! It is everybody's responsibility
- We need your feedback and suggestions for continual improvement

For more information or to put forward suggestions, speak to your ISO 45001 team:

- Rachel Widdows - 07960584998
- Martin O'Brien, Paul Haugh

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# RAPHAEL CONTRACTING LTD

## RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL 18) – EYE PROTECTION	Date: 02/02/2023
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
D. SANDERS	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
V. BALIUVICIUS	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
D. BARR	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
B. RAMCHANDE	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J. SMITH	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
H. MANILAL	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
E. AMANING	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
S. SIMONOVIC	 RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
E. CHIRLOV	 RAPHAEL CONTRACTING LTD / APPEX	I Confirm that I have understood the Toolbox Talk
P. DOBIC	 RAPHAEL CONTRACTING LTD / APPEX	I Confirm that I have understood the Toolbox Talk
C. HART	 RCL / STAFFORD BRIDGE/ 247 NATIONAL	I Confirm that I have understood the Toolbox Talk
M. THOMAS	 RCL / STAFFORD BRIDGE/ 247 NATIONAL	I Confirm that I have understood the Toolbox Talk

**Grant Claim information** Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 13	Duration 30 mins	Total Time 6 ½ hours	Employer Reference 2453745
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**Toolbox Talk No. 18 EYE PROTECTION**

**Fact:** On average, 1000 eye injuries occur every day, 75% by impact, 10% by ingress of foreign bodies (dust), and 15% by burns or chemicals.

**Potential Hazards to Eyes**

1. Using hammers and chisels.
2. The use of compressed air and any gas or vapour under pressure.
3. Work where sparks or particles may be given off at speed i.e. angle grinder, Stihl saw, and chainsaw.
4. Work with any tools, which will result in chippings being broken off i.e. breakers.
5. When welding, ultraviolet light is often given off, which can damage your eyes.
6. The handling of, usage, or contact with, corrosive, or irritant substances, such as acids or alkalis.
7. Handling and use of cartridge-operated tools.
8. Cutting wire or metal strapping under tension.

**Take Note**

- A tiny fragment in your eye can cause disaster.
- See a trained first-aider for attention to eyes – don't use a dirty handkerchief.
- You have a legal obligation to wear or use eye protection provided in accordance with regulations.
- Even if you are not carrying out one of the specific processes you may be at risk, so wear, or use, the eye protection provided.
- Do not watch welding processes unless your eyes are properly protected.
- Do not go into areas where eye protection is required unless you are wearing protective equipment.
- Take care of any protective equipment issued to you.
- Have any damaged, lost, or unserviceable protective equipment replaced immediately.
- Make sure your eye protectors are suitable for you and for the work being done. (CN166).
- Ensure that eye protectors are comfortable to wear and keep them clean.
- The place for eye protectors is over your eyes – not on your head, or round your neck.
- Persons wearing prescribed glasses must also wear prescribed safety glasses.

**REMEMBER – Eye protectors are replaceable; your eyes are not.**

**Questions for you:**

- Q: What are the hazards associated with compressed air?**  
**Q: What must you ensure when issued with eye protection?**  
**Q: If you get something in your eye what should you do?**  
**Q: What should you do if you damage your eye protectors?**

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**PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER**

**SITE: 21 MOORFIELDS**

OPERATIVE NAME	HARD HAT CHIN STRAP	SAFETY GLASSES	HI-VIZ VEST	GLOVES	EAR DEFENDERS / PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
S.GEDGAUTAS	✓		✓							✓	<i>[Signature]</i>	21/11/22
K.OMALLEY								✓			<i>[Signature]</i>	21/11/22
S.VILKOV	✓									✓	<i>[Signature]</i>	21/11/22
D.BARR	✓		✓	✓			✓				<i>[Signature]</i>	22/11/22
S.GAZIAR	✓		✓							✓	<i>[Signature]</i>	22/11/22
K.KULSINSKAS				✓						✓	<i>[Signature]</i>	12/12/22
V.BALIA LEVICIUS		✓		✓						✓	<i>[Signature]</i>	20/12/22
Joseph Smith				✓				✓		✓	<i>[Signature]</i>	04/01/22
E. AMANUNG		✓		✓						✓	<i>[Signature]</i>	13/01/22
B. RAMUHANDU		✓		✓					✓		<i>[Signature]</i>	20/01/22

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