

### TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: DUST CONTROL FROM TOOLS (NO86)	Date: 05/05/22
Location: Hoxton Hotel	Start Time: 730
Duration (Minutes) 30	End Time: 800
Presenters name: K. KULS INS KAS	Presenters Signature:

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	Candidate's Name	Name of Employer	Candidate's Signature
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No. Attended	Duration	Total Time	enployer Reference
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### RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL 36) - SAFE USE OF HAND TOOLS	Date: 04/05/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:
	More

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
C. SANDERS	Raphael Contracting Ltd	C-S
		I Confirm that I have understood the Toolbox Talk
J. BASQUILLE	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended 02

Duration 30 mins

Total Time 1 hour Employer Reference 2453745

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### Toolbox Talk No. 36 SAFE USE OF HAND TOOLS

- Don't take hand tools for granted, because of the rugged demands our industry puts on tools, the
  misuse of tools, using the incorrect tool for the job or tools in poor condition can result in injury or
  spoiled work.
- There are numerous hand tools used in construction work; hammers, screwdrivers, wrenches, side
  cutters, tape measures, sledge hammers, hand saws, cat's paws, chisels, punches and pipe wrenches,
  just to name a few.
- Each tool is designed to do a specific job. It is up to you to know how to use each tool properly.
- Short cuts and using the wrong tool for the job will more than likely cause an accident. One of the most frequent abuses of a hand tool is the misuse of the screwdriver. This hand tool is often used as a mini pry bar, a wood chisel, etc any number of small tasks for which it simply was not designed to be used. A puncture wound can easily occur when misusing any pointed hand tool. Always use the right tool for the job at hand.
- Keep tools in good condition. Injuries occur when a tool slips or breaks, often because the tool is dull. A sharp, well maintained tool will help you perform your job more effectively and in a shorter time. Keep all tools sharp, chisel points dressed etc. Replace broken tools and broken or cracked handles immediately. As the worker who uses the hand tool, you should think of safety first. Check to be sure that the tool is in good shape before you use it. If you have any question about the condition of the tool, or how to use it properly, check with your supervisor.
- Personal protective equipment is required if there's any danger of flying objects. Wear your safety goggles. If there is the potential risk of a hand injury, be sure to wear gloves. Injuries also can occur when you're carrying the tool. Never run, with any tool in your hands. Carry tools with pointed or sharp edges so that those edges are away from your body. An intelligent and safe way to transport hand tools is to wear a tool belt or carry them in a toolbox.

### CHOOSE THE RIGHT TOOL FOR THE RIGHT JOB AND THEN BE SURE YOU KNOW HOW TO USE IT CORRECTLY.

### THE BASIC RULES ARE:

- 1. Choose the right tool for the job.
- 2. Use only tools in good condition no tools with cracked or broken handles, none without handles, none with mushroomed or broken heads.
- 3. Keep keen-edged blades sharp; store them safely when not in use.
- 4. Always cut away from yourself.
- 5. Be sure to wear eye protection if there's any chance of chips or flying particles.
- 6. Don't use a file without a handle.
- 7. Don't use a chisel or screwdriver as a pry bar.



### RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL 73) - POLLUTION CONTROL	Date: 06/05/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:
	Alvan

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
C. SANDERS	Raphael Contracting Ltd	C-S  I Confirm that I have understood the Toolbox Talk
J. BASQUILLE	Raphael Contracting Ltd	I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended 02

Duration 30 mins

Total Time 1 hour Employer Reference 2453745

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### Toolbox Talk No. 73 POLLUTION CONTROL

### SOURCES OF POLLUTION

- Pollution can affect the air, land or water courses such as streams
- Smoke, fumes, dust, exhaust emissions and vapours all pollute the air
- Uncontrolled use of chemicals, oils, fuels and other harmful substances can contaminate the land
- In some cases, land pollutants can enter waterways directly or via the surface drains and pollute domestic water supplies many miles away
- Excessive noise levels are also regarded as a form of pollution
- Work with asbestos, lead and radiation are other sources of pollution for which strict control measures must be in place

### **CONTROL OF POLLUTION**

- Always use harmful substances with care and dispose of used and empty containers in the proper manner
- Store bulk quantities of substances such as diesel, oils, greases, etc. on a hard standing to avoid seepage of leaks and spills into the ground. You may also need to consider bunded storage, depending on the size of the containers
- If practical, create a bund wall around the hard standing to prevent spillages reaching the surrounding land
- Try to avoid running plant powered by internal combustion engines inside buildings or in enclosed spaces – allow exhaust emissions to disperse
- Do not leave engines of plant running when they are not being used
- Electrically powered plant and equipment is more environmentally friendly
- Engine driven plant and equipment should be regularly serviced to stop or reduce leakage of oils and other fluids
- Place drip trays under engine-powered plant where necessary to avoid contamination of the land and, possibly water courses
- Reduce noise levels arising out of your work activities where possible
- If you are aware of any leak or spillage of any substance which you believe could result in pollution, inform your supervisor immediately.



## PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

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### TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Security on Site	Date: 04.05.22
	Start Time: 10:00 am
Duration (Minutes) 30min	End Time: 10:30 am
Presenters name: A. Kulsinskas	Presenters Signature:

	Candidate's Name	Name of Employer	Candidate's Signature
1	K. OMalley	RCL	I confirm that I have understood the Tool Box Talk
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Employer Reference 2453745

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# PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

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