

PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: 21 MOORFIELDS

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OPERATIVE NAME	HARD	SAFETY GLASSES	HI-VIZ	GLOVES	DEFENDERS / PLUGS	DUST MASK FFP3	New	Damaged Lost	Wear and Tear	SIGNATURE	DATE
J. WASY	>						>	-	-	1	21/2/12
E. AMANINS	>			>			\ <u>\</u>		-	And.	21/13/27
I. MATUIYENKO	>							-		R	13/04/27
M.MARESI	>			>						B	12/20/21
C. SANDERS	>	ė.					>			C.S.S	75/64/11
K. OMAILEY	(BELT		100L LANYARD	ARO.			>	-	_	A A	11/06/17
C. SANDEMS	(1341)	100C	150C LANYAN	010			5			6.58	11/5/11
J. OFTHENIOGE	>									Í	24/5/17
C. SANDERS		>		>			>	-		C. S.S.	27/08/21
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SIT-FM-008 DAS
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RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL-14) - PERSONAL PROTECTIVE EQUIPMENT - PPE	Date: 27/05/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
E. AMANING	RAPHAEL CONTRACTING LTD	Acceptable 1 Confirm that I have understood the Toolbox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	Farm I Confirm that I have understood the Toolbox Talk
J. BASQUILLE	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
C. SANDERS	RAPHAEL CONTRACTING LTD	C.S. L. I Confirm that I have understood the Toolhox Talk
K. O'MALLEY	RAPHAEL CONTRACTING LTD	1 Confirm that I have understood the Toolbox Talk

Grant Claim Information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended Duration Total Time Employer Reference 2453745

DOCUMENT REFERENCE: DOCUMENT OWNER:	SIT-FM-007 DAS	VERSION NO:	1.0	CREATION DATE: LAST REVISION DATE: NEXT REVIEW DATE:	07/02/2013 N/A 07/02/2014	Page 1 of 1
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Tool Box Talk No. 14 PERSONAL PROTECTIVE EQUIPMENT (PPE)

Many accidents occur because people on site do not pay sufficient attention to their own health and safety. You can do a great deal to protect yourself simply by knowing what is available, wearing the correct clothing and using the protective equipment appropriate to your job.

Remember:

- Gone are the days when people who asked to be issued with protective clothing were thought to be wimps.
- Exposing your body to hazards at work without personal protective equipment is foolish.
- Personal Protective Equipment (PPE) should always be regarded as the last resort it's the safe system of work that provides the primary defence.
- PPE is often the last line of defence between you and an accident.
- Use it carefully it may save you from serious injury or even save your life.
- PPE is anything you wear at work to help guard against an accident.
- PPE won't prevent an accident in itself but it does provide an additional safety net.
- It may seem a waste of time to put on protective clothing to carry out a 10 minute job but remember it's not the length of time spent doing the job which creates the risk it's the job itself.
- The law requires us to provide protective clothing and equipment where necessary and for you to wear it as required.
- If you are not sure how to use any item of PPE ask your supervisor.
- If you feel any item of PPE is unsuitable or does not allow ease of working during use tell your supervisor.
- Look after any personal protective equipment issued to you.
- If your PPE is damaged in any way it's your responsibility to tell your supervisor who will have it replaced.

Whilst employed or sub-contracting to Raphael Contracting wearing of the following PPE is mandatory:

- ✓ Hard Hat
- ✓ Hi-Viz
- ✓ Safety Boots
- ✓ Gloves
- ✓ Ear defenders whilst using power tools or working adjacent to power tools when others are using them
- ✓ Safety glasses and masks must be worn when conditions warrant such protection or when the site rules specify they are mandatory



RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: (RCL-76) - WATER USAGE	Date: 24/05/2022
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Jason Wray	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
E. AMANING	RAPHAEL CONTRACTING LTD	Amoud 1 Confirm that I have understood the Toolhox Talk
J. SMITH	RAPHAEL CONTRACTING LTD	Frankly 1 Confirm that I have understood the Toolbox Talk
J. BASQUILLE	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
C. SANDERS	RAPHAEL CONTRACTING LTD	C. 3. 1 Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors.

No. Attended	Duration	Total Time	Employer Reference
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Toolbox Talk No. 76 WATER USAGE

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Check for home for leaks, hidden water leaks can be wasting water without you even being aware of it. A good way to check for leaks is, if your property is metered, then read your water meter and do not use any water for a couple of hours and go back to check that the meter reads exactly the same. If it does not, there is a leak.



Turn off tap while cleaning your teeth, shaving or washing your face. You can waste up to 9 litres a minute by just letting the water pour down the sink.



Take a short shower rather than a bath could save you up to 400 litres a week. If you do have baths, just half fill them.



Fix any dripping tap, you can waste 90 litres a week which will cost a lot more than what might just be the price of a new washer.



Don't overfill the kettle when making a cup of tea. Only fill and boil what you need, this will save you money on your energy costs too.



Only use the washing machine and the dishwasher when you can put on a full load. It wastes both water and energy to run only a half full machine.



Keep cool water in the fridge so that you do not need to run water down the sink to have a cold drink.



Fit a water saving device in your cistern e.g. a 'hippo' to save when flushing, this can save you 3 litres a flush.



Think before throwing used water down the drain, e.g. water in a pan after cooking, this could be reused for watering plants around the house when cooled down, or in the garden.

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