



RAPT

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: POLLUTION CONTROLS	Date: 29/03/2023
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Dave Sanders	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
V. BALIUVICIUS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
A. KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
S. SIMONOVIC	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J SMITH	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
P DOBIC	RAPHAEL CONTRACTING LTD/APPEX	 I Confirm that I have understood the Toolbox Talk
E. CHIRLOV	RAPHAEL CONTRACTING LTD/APPEX	 I Confirm that I have understood the Toolbox Talk
C. HART	RCL/ STAFFORD BRIDGE / 247 NATIONAL	DNA I Confirm that I have understood the Toolbox Talk
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Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 10	Duration 30 mins	Total Time 5 hours	Employer Reference 2453745
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Site Manager's Daily Safe Start

Contract:	21 MOORFIELDS	Project Manager Contracts Manager Site Manager Site Manager	Jason Wray Paul Haugh Dave Sanders Kes Kulsinkas	Date (w/c):	27/03/2023	Method statement (s) (Title, Rev No. & Rev date)	RCL 21M-RCL-XX-XXX-MS-X-00001 rev P07 Asa Abley 21M-RCL-XX-XXX-MS-X-00002 rev P02 Stafford Bridge / 247 21M-RCL-XX-XXX-MS-X-00004 rev P04 A.S. Cutts Mastic 21M-RCL-XX-XXX-MS-X-00006 rev P01
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Location and description of work: Installing remaining Skirting & Selo and Timber Door Sets to varies areas. - Installing Stafford Bridge Actuators Levels 00, 00M & 01

Site Manager's Daily Sign Off

	Date	Name	Signature	Hot Topics of the Day (the main points you discussed)
Monday	27/03/2023	Dave Sanders	<i>D Sanders</i>	First aid and accident reporting
Tuesday	28/03/2023	Dave Sanders	<i>D Sanders</i>	Ladder Safety
Wednesday	29/03/2023	Dave Sanders	<i>D Sanders</i>	Pollution controls
Thursday	30/03/2023	Dave Sanders	<i>D Sanders</i>	Hazardous waste
Friday	31/03/2023	Dave Sanders	<i>D Sanders</i>	Working if finished areas
Saturday	01/04/2023			
Sunday	02/04/2023			

Operatives Daily Sign Off

Name	Signature	M	T	W	T	F	S	S	Comments
KES. KULSINKAS	<i>[Signature]</i>	✓	✓	✓	✓	✓			RCL MANAGER
AURIS. KULSINKAS	<i>[Signature]</i>	✓	✓	✓	✓	✓			RCL CARPENTER / MANAGER
SLAV. SIMONOVIC	<i>[Signature]</i>	✓	✓	✓	✓	✓			RCL CARPENTER / MANAGER
VEGAS. BALIUVICIUS	<i>[Signature]</i>	✓	✓	✓	✓	✓			RCL CARPENTER
JOE. SMITH	<i>[Signature]</i>	✓	✓	✓	✓	✓			RCL HANDYMAN
PAVEL. DOBIC	<i>[Signature]</i>	X	✓	✓	✓	✓			APEX AGENCY CARPENTER
EDUARD. CHIRLOV	<i>[Signature]</i>	✓	✓	✓	✓	✓			APEX AGENCY CARPENTER
ANDY CUTTS	<i>[Signature]</i>	✓	✓	✓	✓	✓			MASTIC MAN

NOTE IF YOU HAVE MORE THAN 10 OPERATIVES ON SITE, PLEASE USE THE CONTINUATION SHEET 656

Before starting work, STOP, THINK and CHECK If the answer to any question below is NO, do not start work until the issues are resolved		Yes	No	N/A
1. Method statements, risk assessments and permits				
Have you read and understood the method statement and risk assessment for the task?		✓		
Is everyone on your team briefed on the method statement for the task?		✓		
Have you carried out your weekly toolbox talk?		✓		
Do you have COSHH Assessments and Safety Data Sheets in place for all hazardous substances that will be used?		✓		
Have you carried out Manual Handling Assessments and planned for any deliveries / extraordinary activities?		✓		
2. Place of work				
Are you satisfied that your team has a safe place to work?		✓		
Have you checked access equipment has been inspected as required and certification issued? E.g. Podium steps, scaffold towers				✓
Are other contractors working adjacent to you aware of what you are doing today? Are you aware of what they will be doing?		✓		
Are third parties and members of the public securely protected from falling materials?		✓		
Does your team know the safe access and egress routes to their places of work?		✓		
3. Task specific				
Are all necessary tools and equipment on site to carry out your work in a safe / efficient manner?		✓		
Are you confident there are no health and safety risks in your work task(s)?		✓		
Are you certain that the operatives you are putting to work are competent for their assigned tasks?		✓		
Are the team equipped with the correct PPE to carry out the task?		✓		
4. Variations				
Have the team members changed? (If yes revise)			✓	
Has the task or working environment changed significantly to require a risk assessment and method statement (If yes, work to stop and new method statement to be produced)			✓	
Remember, as the supervisor YOU are responsible for the safety of YOUR team				



Toolbox Talk No. 9 FIRST AID AND ACCIDENT REPORTING

Fact: If you know basic first aid, you could save a life.

Before First Aid is Required

1. Ensure you know where first aid equipment is kept.
2. Know whom the first-aider(s) and appointed person(s) are.
3. If you use anything from the first aid box, make sure it's replaced.
4. Keep a small first aid kit with you if you are working away from the main site.
5. Know where the phone is and understand the procedure for calling the emergency services.

Q: What are the procedures here?

When First Aid is Required

1. Make the casualty safe.
2. Call for help i.e. first aider.
3. Send someone to phone for an ambulance, if required.
4. Don't move the casualty, unless they are in immediate danger.

Q: On finding a casualty, what is the first thing to do?

5. Remain with the casualty and give reassurance.
6. Make the casualty as comfortable as possible.
7. Don't give drinks or food to a casualty; moisten lips only.
8. Don't allow the casualty to smoke.

Q: What would you do until a first aider arrived?

Basic First Aid May Save a Life

1. Do you know how to resuscitate and start the heart?
2. Do you know how to stop major bleeding?
3. Do you know how to treat scolds, burns and for shock?

If you don't, think about getting first aid training.

Accident Reporting

1. Report all accidents and dangerous occurrences.
2. Ensure that the details are entered into the accident book.

Q: Following an accident at work what must you do?

Q: What should you know before an emergency arises?

Q: What are the priorities of first aid?

Other Considerations

1. First aid cover must include shift work
2. Someone must have responsibility for re-stocking first aid boxes
3. The first aid equipment provided must be appropriate for the nature of the work and the number of operatives
4. First aiders should be easy to identify – usually a sticker on the safety helmet

REMEMBER: If you know first aid, you could save a life!

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Toolbox Talk No. 73 POLLUTION CONTROL

SOURCES OF POLLUTION

- Pollution can affect the air, land or water courses such as streams
- Smoke, fumes, dust, exhaust emissions and vapours all pollute the air
- Uncontrolled use of chemicals, oils, fuels and other harmful substances can contaminate the land
- In some cases, land pollutants can enter waterways directly or via the surface drains and pollute domestic water supplies many miles away
- Excessive noise levels are also regarded as a form of pollution
- Work with asbestos, lead and radiation are other sources of pollution for which strict control measures must be in place

CONTROL OF POLLUTION

- Always use harmful substances with care and dispose of used and empty containers in the proper manner
- Store bulk quantities of substances such as diesel, oils, greases, etc. on a hard standing to avoid seepage of leaks and spills into the ground. You may also need to consider bunded storage, depending on the size of the containers
- If practical, create a bund wall around the hard standing to prevent spillages reaching the surrounding land
- Try to avoid running plant powered by internal combustion engines inside buildings or in enclosed spaces – allow exhaust emissions to disperse
- Do not leave engines of plant running when they are not being used
- Electrically powered plant and equipment is more environmentally friendly
- Engine driven plant and equipment should be regularly serviced to stop or reduce leakage of oils and other fluids
- Place drip trays under engine-powered plant where necessary to avoid contamination of the land and, possibly water courses
- Reduce noise levels arising out of your work activities where possible
- If you are aware of any leak or spillage of any substance which you believe could result in pollution, inform your supervisor immediately

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