



Toolbox Talk No. 18 EYE PROTECTION

Fact: On average, 1000 eye injuries occur every day, 75% by impact, 10% by ingress of foreign bodies (dust), and 15% by burns or chemicals.

Potential Hazards to Eyes

1. Using hammers and chisels.
2. The use of compressed air and any gas or vapour under pressure.
3. Work where sparks or particles may be given off at speed i.e. angle grinder, Stihl saw, and chainsaw.
4. Work with any tools, which will result in chippings being broken off i.e. breakers.
5. When welding, ultraviolet light is often given off, which can damage your eyes.
6. The handling of, usage, or contact with, corrosive, or irritant substances, such as acids or alkalis.
7. Handling and use of cartridge-operated tools.
8. Cutting wire or metal strapping under tension.

Take Note

- A tiny fragment in your eye can cause disaster.
- See a trained first-aider for attention to eyes – don't use a dirty handkerchief.
- You have a legal obligation to wear or use eye protection provided in accordance with regulations.
- Even if you are not carrying out one of the specific processes you may be at risk, so wear, or use, the eye protection provided.
- Do not watch welding processes unless your eyes are properly protected.
- Do not go into areas where eye protection is required unless you are wearing protective equipment.
- Take care of any protective equipment issued to you.
- Have any damaged, lost, or unserviceable protective equipment replaced immediately.
- Make sure your eye protectors are suitable for you and for the work being done. (CN166).
- Ensure that eye protectors are comfortable to wear and keep them clean.
- The place for eye protectors is over your eyes – not on your head, or round your neck.
- Persons wearing prescribed glasses must also wear prescribed safety glasses.

REMEMBER – Eye protectors are replaceable; your eyes are not.

Questions for you:

- Q:** What are the hazards associated with compressed air?
- Q:** What must you ensure when issued with eye protection?
- Q:** If you get something in your eye what should you do?
- Q:** What should you do if you damage your eye protectors?

DOCUMENT REFERENCE:	TOOLBOX TALKS	VERSION NO:	10	CREATION DATE:	11/08/2010	
DOCUMENT OWNER:	MOB			LAST REVISION DATE:	Oct-2021	Page 26 of 141



RAPT

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

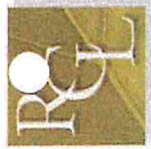
Title: Eye Protection	Date: 04/04/2023
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Dave Sanders	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K. KULSINSKAS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
V. BALIUVICIUS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
A. KULSINSKAS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
S. SIMONOVIC	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J SMITH	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
P DOBIC	RAPHAEL CONTRACTING LTD/APPEX	I Confirm that I have understood the Toolbox Talk
E. CHIRLOV	RAPHAEL CONTRACTING LTD/APPEX	I Confirm that I have understood the Toolbox Talk
C. HART	RCL/ STAFFORD BRIDGE / 247 NATIONAL	I Confirm that I have understood the Toolbox Talk
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Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 10	Duration 30 mins	Total Time 5 hours	Employer Reference 2453745
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Before starting work, STOP, THINK and CHECK		Yes	No	N/A
If the answer to any question below is NO, do not start work until the issues are resolved				
1. Method statements, risk assessments and permits				
Have you read and understood the method statement and risk assessment for the task?		✓		
Is everyone on your team briefed on the method statement for the task?		✓		
Have you carried out your weekly toolbox talk?		✓		
Do you have COSHH Assessments and Safety Data Sheets in place for all hazardous substances that will be used?		✓		
Have you carried out Manual Handling Assessments and planned for any deliveries / extraordinary activities?		✓		
2. Place of work				
Are you satisfied that your team has a safe place to work?		✓		
Have you checked access equipment has been inspected as required and certification issued? E.g. Podium steps, scaffold towers				✓
Are other contractors working adjacent to you aware of what you are doing today? Are you aware of what they will be doing?		✓		
Are third parties and members of the public securely protected from falling materials?		✓		
Does your team know the safe access and egress routes to their places of work?		✓		
3. Task specific				
Are all necessary tools and equipment on site to carry out your work in a safe / efficient manner?		✓		
Are you confident there are no health and safety risks in your work task(s)?		✓		
Are you certain that the operatives you are putting to work are competent for their assigned tasks?		✓		
Are the team equipped with the correct PPE to carry out the task?		✓		
4. Variations				
Have the team members changed? (If yes revise)			✓	
Has the task or working environment changed significantly to require a risk assessment and method statement (If yes, work to stop and new method statement to be produced)			✓	
Remember, as the supervisor YOU are responsible for the safety of YOUR team				



Site Manager's Daily Safe Start

Contract:	21 MOORFIELDS	Project Manager Contracts Manager Site Manager Site Manager	Jason Wray Paul Haugh Dave Sanders Kes Kulsinskas	Date (w/c):	03/04/2023	Method statement (s) (Title, Rev No. & Rev date)	RCL 21M-RCL-XX-XXX-MS-X-00001 rev P07 Asse Abley 21M-RCL-XX-XXX-MS-X-00002 rev P02 Stafford Bridge / 247 21M-RCL-XX-XXX-MS-X-00004 rev P04 A S Cutts Mastie 21M-RCL-XX-XXX-MS-X-00006 rev P01
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Location and description of work: Installing remaining Skirting & Selo and Timber Door Sets to varies areas. - Installing Stafford Bridge Actuators Levels 00, 00M & 01

Site Manager's Daily Sign Off

	Date	Name	Signature	Hot Topics of the Day (the main points you discussed)
Monday	03/04/2023	Dave Sanders	<i>D Sanders</i>	Fire precautions and equipment
Tuesday	04/04/2023	Dave Sanders	<i>D Sanders</i>	COSHH
Wednesday	05/04/2023	Dave Sanders	<i>D Sanders</i>	Eye protection
Thursday	06/04/2023	Dave Sanders	<i>D Sanders</i>	Head protection
Friday	07/04/2023	BANK HOLIDAY	BANK HOLIDAY	BANK HOLIDAY
Saturday	08/04/2023			
Sunday	09/04/2023			

Operatives Daily Sign Off

Name	Signature	M	T	W	T	F	S	S	Comments
KES. KULSINSKAS	<i>[Signature]</i>	✓	✓	✓	✓	/			RCL MANAGER
AURIS. KULSINSKAS	<i>[Signature]</i>	✓	✓	✓	✓	/			RCL CARPENTER / MANAGER
SLAV. SIMONOVIC	<i>[Signature]</i>	✓	✓	✓	✓	/			RCL CARPENTER / MANAGER
VEGAS. BALIUVICIUS	<i>[Signature]</i>	✓	✓	✓	✓	/			RCL CARPENTER
JOE. SMITH	<i>[Signature]</i>	✓	✓	✓	✓	/			RCL HANDYMAN
PAVEL. DOBIC	<i>[Signature]</i>	✓	✓	✓	✓	/			APEX AGENCY CARPENTER
EDUARD. CHIRLOV	<i>[Signature]</i>	✓	✓	✓	✓	/			APEX AGENCY CARPENTER
PAVEL. DOBIC	<i>[Signature]</i>	✓	✓	✓	✓	/			
CHART	<i>[Signature]</i>	✓	✓	✓	✓	✓	✓	✓	

NOTE IF YOU HAVE MORE THAN 10 OPERATIVES ON SITE, PLEASE USE THE CONTINUATION SHEET656



Toolbox Talk No. 10 FIRE PRECAUTIONS AND EQUIPMENT

Buildings in the course of erection or undergoing alteration are particularly vulnerable to fire. Fire causes loss of life and millions of pounds worth of damage each year.

OUTLINE SITE PLAN OF ACTION IN CASE OF FIRE:

Q. What is the name and location of the Fire Safety Coordinator / Fire Marshall?

Q. On discovering a fire, how do you:

- raise the alarm?
- call the fire brigade?

Everyone should know the:

- ✓ Fire Action Procedure
- ✓ Location of Fire Action Notices
- ✓ Location of exits from building and signage to same.
- ✓ Location of fire extinguishers and limitations on use.
- ✓ Access for fire brigade – keep site routes clear.
- ✓ Company “no smoking” policy.
- ✓ Hot working – permit to work requirements when applied.

Good practice on site to reduce the risk of fire and get out safely:

- ✓ No accumulation of waste materials – clear regularly to skips.
- ✓ Keep fire exit routes clear.
- ✓ Flammable materials, gas cylinders and flammable liquids – stored correctly and separately.
- ✓ Heaters safely located and guarded – no clothes drying in contact with any heating appliance.
- ✓ Vehicles or plant must not be fuelled while engine is running.
- ✓ On cessation of work check that heaters, lights etc are switched off.

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RAPT

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Fire Precautions and equipment	Date: 03/04/2023
Location: 21 MOORFIELDS	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: Dave Sanders	Presenters Signature:

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