

			Site Manager's Daily	er's Dail	y Safe Start	-		
Contract:	84 MOORGATE	Contracts Manager Site Manager	Paul Haugh Dave Sanders	Date (w/c):	19/02/2024		Method statement (s) (Title, Rev No. & Rev date)	<u>RCL</u> 84M-RCI- <i>7</i> Z2-ZZ-MS-A-00001 rev C01
Location and descri	ption of work: Installin	Location and description of work: Installing temporary door sets and window boards	s and window boards		-			
			Site M	Site Manager's Daily Sign Off	ign Off			
	The second section of the section of the second section of the section	e de la companya de l					Hot Topics of the Day	
		Date		Name	Signature		(the main points you discussed)	sed)
Monday		19/02/2024	ţ	D Sanders	DVSwels	V	Water Usage	
Tuesday		20/02/2024	-	D Sanders	とととく	U	Dust Controls from tools	S
Wednesday		21/02/2024		D Sanders	15000	V	Dust and Air Quality	
Thursday		22/02/2024	•	D Sanders	DISmoler	5	Electricity on site	
		23/02/2024	-	D Sanders			Migrant workers -Language barriers ,means new	,means new
Friday					The sector		dangers at work	
Saturday		24/02/2024	_	N/A			N/A	
Sunday		25/02/2024	-	N/A	The second section of the second seco		N/A	
			Ope	Operatives Daily Sign	Off			Temporary and the Commission of the Commission o
Name	Р	Signature	M	TW	T F S	s	Comments	
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NOTE IF YOU HAVE MORE THAN 10 OPERATIVES ON SITE, PLEASE USE THE CONTINUATION SHEE656

A to the team of the the correct DDE to carry out the tack?	Are you certain that the operatives you are putting to work are competent for their assigned tasks?	Are you confident there are no health and safety risks in your work task(s)?	Are all necessary tools and equipment on site to carry out your work in a safe / efficient manner?	3. Task specific	Does your team know the safe access and egress routes to their places of work?	Are third parties and members of the public securely protected from falling materials?	Are other contractors working adjacent to you aware of what you are doing today? Are you aware of what they will be doing?	Have you checked access equipment has been inspected as required and certification issued? E.g. Podium steps, scaffold towers	Are you satisfied that your team has a safe place to work?	2. Place of work	Have you carried out Manual Handling Assessments and planned for any deliveries / extraordinary activities?	Do you have COSHH Assessments and Safety Data Sheets in place for all hazardous substances that will be used?	talk?	A CONTRACT WORK AND	Is everyone on your team briefed on the method statement for the task?	Have you read and understood the method statement and risk assessment for the task?	1. Method statements, risk assessments and permits	Yes If the answer to any question below is NO, do not start work until the issues are resolved	
								4										No N/A	



RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Dust controls from tools	Date: 20/02/2024
Location: 84 MOORGATE	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: D Sanders	Presenters Signature:
	DISCO dos

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
S SIMONOVIC	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
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D RASCICLAL	RAPHAEL CONTRACTING LTD	I Confirm that the understood the Toolbox Talk
K O'MALLEY	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J BASQUILLE A STATTS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 10 Duration 30 mins

Total Time 5 hours Employer Reference 2453745





Toolbox Talk No. 86 DUST CONTROL FROM TOOLS (EG CIRCULAR BENCH SAWS)

Wood dust can cause serious respiratory diseases including asthma, and dermatitis. Wood dust includes dust from hardwood, softwood, and composite boards such as MDF. Exposure to substances which cause occupational asthma should be prevented, or if that is not reasonably practicable, control exposure to prevent workers from developing asthma. This applies to short-term high as well as long-term exposures. If an individual develops occupational asthma, exposure must be controlled to prevent triggering further attacks. Suitable levels are likely to be well below any exposure limit.

Engineering controls (extraction) are recommended to control dust from mechanical saws. You need also to control exposure to noise. The dust is combustible - build-up on ledges etc can result in dust explosions. Extraction helps to reduce this risk.

Access

√ Restrict access to those staff who need to be there.

Design and equipment

√ The cutting action creates coarse and fine dust, and tends to blow the dust into the workroom. Fit extraction to control dust.



- \checkmark Fit dust extraction beneath the machine table, and to the top guard as well, if possible.
- √ Always confirm that the extraction is turned on and working at the start of work.
- √ Keep extraction ducts short and simple avoid long sections of flexible duct, it is easily damaged.
- \checkmark Have a supply of clean air coming into the workroom to replace extracted air. You can recirculate filtered air to the workroom.
- √ Adjust the top guard downwards as close as possible to the workpiece.
- √ Keep the extraction slot and top guard free of chippings to allow effective dust capture.

Maintenance

- \checkmark Keep equipment in effective and efficient working order.
- √ Repair faulty extraction systems immediately.

Examination and testing

√ At least once a week, check that the extraction system and gauge work properly, with no dust leaks.

Cleaning and housekeeping

- √ Clean the machinery and work area every day. Regular cleaning will help you find dust leaks.
- \checkmark Clean general workrooms at least daily. Remember to clean overhead beams, heating pipes and light fittings to reduce the risk of secondary dust explosion.
- ✓ Use a Type H vacuum cleaner fitted with a HEPA filter to clear up dust.
- X Don't clean up with a brush or with compressed air.
- √ Shovel large spills carefully to avoid stirring up dust.
- √ Dispose of wood dust waste by incineration or in a skip.

Extraction 5	10 20 m²
Extraction with a metres per second	Sammer !

DOCUMENT REFERENCE:	
DOCUMENT OWNER:	

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RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Electricity on site	Date: 22/02/2024
Location: 84 MOORGATE	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: D Sanders	Presenters Signature:
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Condidate's Name		P
Candidate's Name A. STA-79 S	Name of Candidate's Employer	Candidate's Signature
S SIMONOVIC	RAPHAEL CONTRACTING LTD	Confirm that I have understood the Toolbox Talk
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K O'MALLEY	RAPHAEL CONTRACTING LTD	1 Confirm that I have understood the Loyibox Talk
J BASQUILLE SSC	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 10

Duration 30 mins

Total Time 5 hours

Employer Reference 2453745





Toolbox Talk No. 22 ELECTRICITY ON SITE

Electricity is a killer, make no mistake about that! Not only can it kill but it can cause fires.

The Electricity at Work Regulations is the main law covering electricity but BS 7671 for installations is also significant. Working with electricity involves two distinct areas:

- 1. Doing electrical work i.e. installations or repairs to an electrical system.
- 2. Using electrical appliances to lighten or speed up other types of work.

Understanding how electrical equipment is designed to be safe, helps us to spot when things are wrong and therefore dangerous.

- 1. All metal parts designed to carry current (conductors) need to be properly insulated.
- 2. If the insulation is vulnerable it has to be additionally protected sheathing, conduit, trunking, armoured cable etc. may be used. If you can see defective insulation or sheathing, the system is not as safe as it should be and should be isolated and immediate steps taken to get it repaired by a competent person. For example, a flex pulling out of a plug top or a cable frayed or split showing the colours inside.
- 3. NOTE: Sometimes conductors are made safe by 'placing out of reach'. This is OK until unusual circumstances (perhaps maintenance or decorating work) make them not 'out of reach' any more. Take special care in such cases.
- 4. Earthing all metal parts not intended to carry current will prevent them becoming live in a fault situation. Earth wires and connectors are just as important as the circuit wires and any damage or looseness must be repaired urgently by a competent person.
- 5. Earthing works in conjunction with the fuse or circuit breaker to protect the circuit in the event of excessive current. If a wrong size fuse is fitted, or a circuit breaker tampered with, the protection may not be adequate and danger could arise.
- 6. To protect people, either the voltage has to be reduced to a safe level by a transformer, or if using 240v the fault current should be limited by a Residual Current Device (RCD). When using 110v transformers the maximum voltage to earth is only 55v. An RCD limits the fault current to only 30mA and trips in less than half a second.
 - NOTE: These devices do not prevent electric shock, only that the shock is unlikely to be fatal. In damp or sweaty conditions the shock could still be severe so do not be lulled into a false sense of security.

If in doubt, have the circuit/equipment checked by an electrician before starting work. Things you can do on site:

- 1. Ensure that cables are not lying on ground unprotected from physical conditions and wet conditions.
- 2. Ensure cables are not hung from nails etc which may cause insulation damage.
- 3. Ensure cables do not cause a hazard at openings, passages, ladders, stairs, etc.
- 4. Do not carry our any alterations or makeshift repairs.
- 5. Disconnect equipment when not in use.
- 6. Lighting is a heat source locate lights and switch off to reduce possibility of burns or fire.
- 7. Observe notices warning of live conductors.
- 8. Explain permit to work system where applicable.
- 9. Underground services, particularly electricity and gas, can be dangerous. Damage to electrical cables can cause a flash, leading to severe burns and even death. Gas leaks can cause fire or explosion.
- 10. Underground services may be found in roads, footpaths and on sites. Always assume that they are present. Treat all services as LIVE, despite their apparent physical condition.
- 11. Accidents have happened because people have mistaken one service taken for another, for example black plastic-covered electricity cables look like black plastic water pipes and cast iron gas and water mains look alike. Check before you act.



PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: MBHS01

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TRAINING AND DEVELOPMENT PLAN

Duration (Minutes) 30min

Title: Site Quiet Times

Location: Millennium Bridge House

SHORT TRAINING SESSION ATTENDANCE SHEET

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Start Time: 07:30

Date: 26.02.24

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Presenters Signature:	Presenters name: A. Kulsinskas		

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Employer Reference	Fotal Time		No. Attended	
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TRAINING AND DEVELOPMENT PLAN

SHORT TRAINING SESSION ATTENDANCE SHEET

Start Time: 07:30

Date: 20.02.24

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Page 1 of 1

LAST REVISION DATE:

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Total Time

VERSION NO:

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Location: Millennium Bridge House

Title: Material Handling and housekeeping

No. Attended