

TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: ISO14001-Environmental Management System.	Date: 29.02.24
Location: Millennium Bridge House	Start Time: 07:30
Duration (Minutes) 30min	End Time: 08:00
Presenters name: A. Kulsinskas	Presenters Signature:

	Candidate's Name	Name of Employer	· Candidate's Signature
1	D.Nunes	RCL	
			I confirm that I have understood the Tool Box Talk
2	A.Makarauskas	RCL	
			l confirm that I have understood the Tool Box Talk
3	V.Gustainis	RCL	
			I confirm that I have understood the Tool Box Talk
4	I.Neagu	RCL	
			I confirm that I have understood the Tool Box Talk
5	D.Marciulaitis	RCL	
			I confirm that I have understood the Tool Box Talk
6	B.Ramchande	RCL	
			I confirm that I have understood the Tool Box Talk
7	G.Diaconu	RCL	
			I confirm that I have understood the Tool Box Talk
8	A.Fediuk	RCL	
			I confirm that I have understood the Tool Box Talk
9			
			I confirm that I have understood the Tool Box Talk
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			I confirm that I have understood the Tool Box Talk
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			I confirm that I have understood the Tool Box Talk
12			,
			I confirm that I have understood the Tool Box Talk
13			
44			I confirm that I have understood the Tool Box Talk
14			
4=			I confirm that I have understood the Tool Box Talk
15			
			I confirm that I have understood the Tool Box Talk

Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

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No. Attended	Duration	Total Time	Employer Reference
			pro_yer recordings
8	30min	4h	2453745
		4	2100710
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DOCUMENT REFERENCE: SIT-FM-007 DOCUMENT OWNER: DAS	VERSION NO: 1.1	CREATION DATE: LAST REVISION DATE:	07/02/2013 01/03/2018	Page 1 of 1
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TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Site Quiet Times	Date: 26.02.24
Location: Millennium Bridge House	Start Time: 07:30
Duration (Minutes) 30min	End Time: 08:00
Presenters name: A. Kulsinskas	Presenters Signature:

	Candidate's Name	Name of Employer	Candidate's Signature
1	D.Nunes	RCL	
			I confirm that I have understood the Tool Box Talk
2	A.Makarauskas	RCL	
			I confirm that I have understood the Tool Box Talk
3	V.Gustainis	RCL	
			I confirm that I have understood the Tool Box Talk
4	I.Neagu	RCL	
			I confirm that I have understood the Tool Box Talk
5	D.Marciulaitis	RCL	resultant nate and established the reest box raik
			I confirm that I have understood the Tool Box Talk
6	B.Ramchande	RCL	recommit chart have understood the roof box raik
			I confirm that I have understood the Tool Box Talk
7	G.Diaconu	RCL	r commit that maye understood the roof box raik
		5 5 4 55	I confirm that I have understood the Tool Box Talk
8	A.Fediuk	RCL	r confirm that I have understood the Tool Box Talk
9			I confirm that I have understood the Tool Box Talk
10			I confirm that I have understood the Tool Box Talk
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11			I confirm that I have understood the Tool Box Talk
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12			I confirm that I have understood the Tool Box Talk
12			
			I confirm that I have understood the Tool Box Talk
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			I confirm that I have understood the Tool Box Talk
14			
			I confirm that I have understood the Tool Box Talk
15			
			I confirm that I have understood the Tool Box Talk

Grant Claim information

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No. Attended	Duration	Total Time	Employer Reference
8	30min	4h	2453745
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		6	ite Manag	er's Daily	Site Manager's Daily Safe Start		
Contract:	84 MOORGATE	Contracts Manager Site Manager	Paul Haugh Dave Sanders	Date (w/c):	26/02/2024	Method statement (s) (Title, Rev No. & Rev date)	RCL 84M-RCL-ZZ-ZZ-MS-A-00001 rev C01
Location and descrip	ption of work: Installi	Location and description of work: Installing temporary door sets and window boards	and window boards				
		The control of the co	Site M	Site Manager's Daily Sign Off	n Off		
		Date	AND THE REAL PROPERTY OF THE P		Signature	Hot Topics of the Day	Hot Topics of the Day
Monday		26/02/2024		D Sanders		Cartridge op	Cartridge operated tools
Tuesday		27/02/2024		D Sanders	5000	Openings and edges	and edges
Wednesday		28/02/2024		D Sanders	2 500	Safe use of	Safe use of hand tools
Thursday		29/02/2024		D Sanders	JAN Sand	Weil's [Weil's Disease
Friday		01/03/2024		D Sanders	7 Sonde	Security on site	on site
Saturday		02/03/2024		N/A		N/A	/A
Sunday		03/03/2024		N/A		N/A	/A
			Oper	Operatives Daily Sign Off	Off		
Name	6	Signature	M	N L	T F S S	Comn	Comments
S Simonvic		Catener 11	7	>	1 /	RCL MANGER/CARPENTER	8
A Statts	V	180 28-A	>	/	1 1 7	RCL CARPENTER	
I Andronic	VF	10 NOW 151	>	/	1 1 / /	RCL CARPENTER	
A Lidzius		Mr.	>	/	>	RCL CARPENTER	
D Rasciclal		A	>	>	/	RCL CARPENTER	
J Smith	160	Frank	×	\	> >	RCL CARRENTER	
J Kidecha		1	>	/	1 1 /	RCL CARPENTER	
K O'Malley		1	<i>\</i>	/	> >	RCL CARPENTER	
J Basquille		18	>	>	> \	RCL CARPENTER	
		5					

^	/ / RCL CARPENTER	ATER		
M Bhanji	M. Brang, J. 1 1 RCL CARPENTER	VTER VTER		
NOTE IF YOU HAVE MORE THAN 10 OPERATIVES ON SITE, PLEASE USE THE CONTINUATION SHEE656	4 SITE, PLEASE USE THE CONTINUATION SHEE656			
Before starting work, STOP, THINK and CHECK	HINK and CHECK	Yes	No	N/A
If the answer to any question b	If the answer to any question below is NO, do not start work until the issues are resolved			
1. Method statements, risk assessments and permits	sessments and permits	,		
Have you read and understood	Have you read and understood the method statement and risk assessment for the task?	`		
Is everyone on your team brief	Is everyone on your team briefed on the method statement for the task?	>		
Have you carried out your weekly toolbox	ekly toolbox	>		
talk:		>		
Do you have COSHH Assessme		,		
Have you carried out Manual H	Have you carried out Manual Handling Assessments and planned for any deliveries / extraordinary activities?	•		
2. Place of work				
Are you satisfied that your team has a safe place to work?	am has a safe place to work?	>		
Have you checked access equi	Have you checked access equipment has been inspected as required and certification issued? E.g. Podium steps, scaffold towers			>
Are other contractors working	Are other contractors working adjacent to you aware of what you are doing today? Are you aware of what they will be doing?	>		
Are third parties and members	Are third parties and members of the public securely protected from falling materials?	>		at at distributed arrays to
Does your team know the safe	Does your team know the safe access and egress routes to their places of work?	>		THE UNITED BY
3. Task specific				
Are all necessary tools and equ	Are all necessary tools and equipment on site to carry out your work in a safe / efficient manner?	>		
Are you confident there are no	Are you confident there are no health and safety risks in your work task(s)?	>		
Are you certain that the opera	Are you certain that the operatives you are putting to work are competent for their assigned tasks?	>		
Are the team equipped with th	Are the team equipped with the correct PPE to carry out the task?	>		1
4. Variations				



RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: openings and edges	Date: 27/02/2024
Location: 84 MOORGATE	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: D Sanders	Presenters Signature:
	DJ Sandy

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
S SIMONOVIO		(Flewer)
S SIMONOVIC	RAPHAEL CONTRACTING LTD	LConfirm that I have understood the Toolbox Talk
I ANDRONIC	RAPHAEL CONTRACTING LTD	iconfirm that have understood the Toolbox Talk
J BASQUILLE	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
A LIDZIUS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
A STATTS	RAPHAEL CONTRACTING LTD	1 Confirm that I have understood the Toolbox Talk
J SMITH	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J KIDECHA	RAPHAEL CONTRACTING LTD	I Confine that I have understood the Toolbox Talk
M BHANJI	RAPHAEL CONTRACTING LTD	M. Blan 2 1 I Confirm that I have understood the Toolbox Talk
D RASCICLAL	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
K O'MALLEY	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended	Duration	Total Time	Employer Reference
10	30 mins	5 hours	2453745





Toolbox Talk No. 31 OPENINGS AND EDGES

Every year in our industry hundreds of people are killed or injured when they fall from an unprotected area or are struck by materials or tools falling from above. Over half of all accidents (1, 400) reported to the HSE are of these two types: Falls of persons and falls of materials.

The law requires that if you work where it is possible for you to fall more than 2 metres, then protection must be provided. The following list gives an idea of the required protection:-

Scaffolds

 Double guardrails and toeboards must be provided to all working levels also secured ladders are required.

Floors

Protection must be provided to all floor edges, lift openings, stairways and duct openings.

Roof

• Edge protection must be given at the eaves and gables. If the roof is of a fragile material, crawling boards or ladders must be used. Where openings or fragile skylights occur in the roof, these must be guarded or securely covered also.

Excavations

 All excavations require warning barriers or guardrails. Where the sides are sloping, barriers may be sufficient but if sides are vertical then more adequate guarding is needed.

Working alongside water

• Guardrails and lifebelts are required where work is carried out alongside rivers, docks etc.

Manholes, Road Gullies etc.

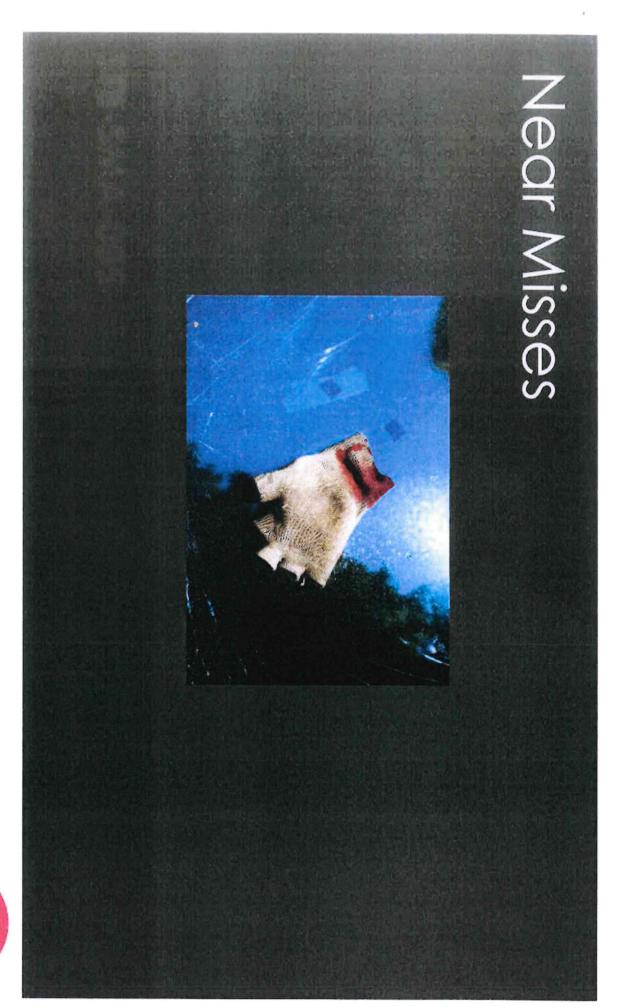
- Strong secured covers are required here as vehicles damage covers and leave traps. At times
 protection will need to be moved to allow work to progress but this must be done in a controlled
 manner so that protection is re-fixed once the work is done.
- Serious accidents have occurred where covers have been removed from openings in floors or guarding has been removed from service ducts. If you remove protection under instruction make sure it is replaced.
- Where edge protection is not practical, safety harness and restraint wire may be suitable, see you supervisor for instruction.

SHE Toolbox Talk Record Sheet



Site 64 MOOR	GARE CON	ntraci No.
Dais 28/2/24		ic: NEAR MISS
I have given Toolbox Talk No	STB-SMA-005ic	the site personnel listed below:
THIS DOCUMENT	S FOR LEGAL PURPOSES AND MA	Y BE USED IN COURT
Print Name	Sign	Company
S SIMONOVIC	Henry)	PAPHAEL
A.STA TTS	Betel	RAPHAEC
I AWDROWIC.	Jugrando	RAPHAEL
A.LIDZIUS	Mr.	RAPHAEL
D'RASCICIAL		RAPHAEL
J SMITH	Jamy	RAPITAEL
JKIDECHA	45	RAPHAFL
KO'MALLEY	-KD	RAPHAGE
J BASQUILLE		RAPHAEL
MBHANSI	M. Bhungo	RAPHACL.
Provide any feedback		
Continue on separate sheet if necessor	ary	
Signed: Signed		
Name: SANDER	(Block Capitals	28-2-24
Job Title: Site Mana	ge-1 Date	= 28-2-24

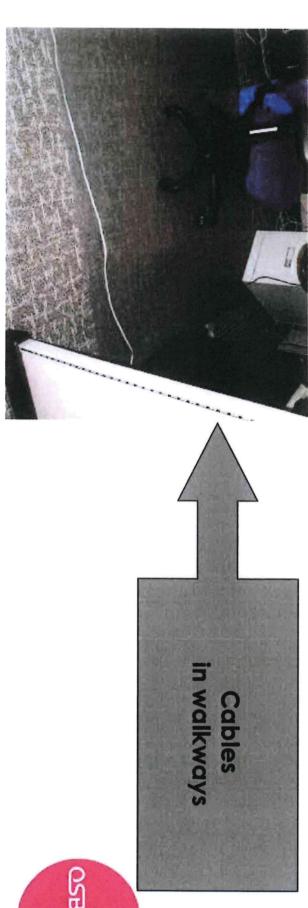
KEEP FORM ON SITE - FORM TO BE SCANNED TO IGO CONTRACT AREA FOR RECORDING KEEPING (if unable to scan, please archive with site documents at end of contract)

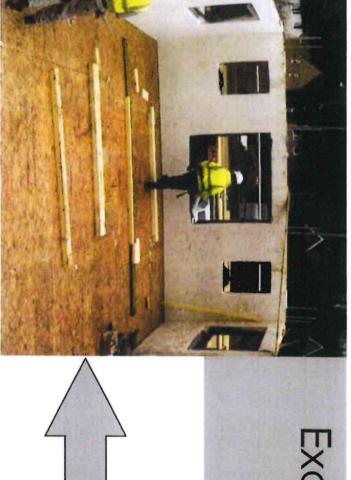


STB-SMA-005

Updated Feb 2024





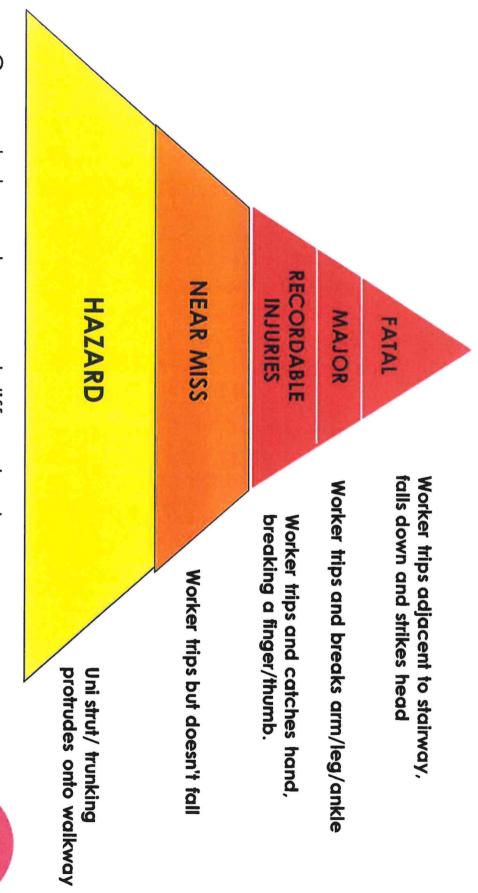


Examples of common Near Misses

Workers walking over planks of Wood

OSBORNE

The Hazard Triangle



One route hazard – several different outcomes.



everyone to improve the working Near Miss reporting empowers environment.



Near Miss reporting

- Protect Yourself
- Protect your Colleagues
- Protect your Family







Any Questions?





RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Weil's Disease	Date: 29/02/2024
Location: 84 MOORGATE	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: D Sanders	Presenters Signature:
,	Sando

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
S SIMONOVIC	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
I ANDRONIC	4/1/ DAPAMA CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J BASQUILLE	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
A LIDZIUS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
A STATTS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J SMITH	RAPHAEL CONTRACTING LTD	F.S. I Confirm that I have understood the Toolbox Talk
J KIDECHA	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
M BHANJI	RAPHAEL CONTRACTING LTD	If. Bhan So I Confirm that I have understood the Toolbox Talk
D RASCICLAL	RAPHAEL CONTRACTING LTD	I Confirm that There understood the Toolbox Talk
K O'MALLEY	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk

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ended Duration 30 mins	Total Time 5 hours	Employer Reference 2453745
30	mins) mins 5 hours





Toolbox Talk No. 46 WEIL'S DISEASE

WEIL'S DISEASE - WHAT IS IT?

- Weil's disease, which is also known as Leptospirosis, is a kind of jaundice
- The disease enters the body through breaks in the skin, and through the lining of the mouth and nose
- It is caused by contact with water contaminated by the urine of rats and other small mammals such
 as mice and voles. Anywhere that you can find rats is a risk, cellars, accumulated rubbish, standing
 water, or near a river or stream.
- It starts as a mild illness which can be easily cured if treated early enough
- If left untreated, it becomes more serious and can be fatal
- The problem is that the initial symptoms are very similar to flu and it is possible that you could ignore the symptoms or be treated for the wrong illness

WHAT CAN YOU DO ABOUT IT?

- Don't encourage the presence of vermin, carefully dispose of food waste and tea bags especially on sites that are wet or adjacent to rivers and lakes etc.
- Do not handle the carcasses of dead rats or other small mammals
- If you are at risk, cover all cuts and abrasions with a waterproof dressing and wear appropriate protective clothing
- If you frequently work near water, carry a card or tag saying that you may be at risk of catching the disease
- · Be aware that you can catch the disease if you get water in your mouth and nose after falling in
- See your doctor immediately if you think you are infected

WHO IS AT RISK?

- All operatives who may come into contact with contaminated water
- Particularly operatives who work regularly in or near water, such as those engaged in:
 - o work on sewers and other drainage systems
 - o work on canals and similar conversion projects
 - work in tunnelling

REMEMBER: Good Personal Hygiene is your best Defence!