



Wk 16

TRAINING AND DEVELOPMENT PLAN

Title: Start of the week highlights and free noise times.	Date: 15.07.24
Location: Millennium Bridge House	Start Time: 7:30
Duration (Minutes) 30min	End Time: 8:30
Presenters name: A. Kulsinkas	Presenters Signature:

SHORT TRAINING SESSION ATTENDANCE SHEET

	Candidate's Name	Name of Employer	Candidate's Signature
1	B. Ramchande	RCL	 I confirm that I have understood the Tool Box Talk
2	I. Sahota	RCL	 I confirm that I have understood the Tool Box Talk
3	J. Smith	RCL	 I confirm that I have understood the Tool Box Talk
4	A. Makarauskas	RCL	 I confirm that I have understood the Tool Box Talk
5	I. Neagu	RCL	 I confirm that I have understood the Tool Box Talk
6	D. Marciulaitis	RCL	 I confirm that I have understood the Tool Box Talk
7	K. O'Malle	RCL	 I confirm that I have understood the Tool Box Talk
8	B. V. Khetan	RCL	 I confirm that I have understood the Tool Box Talk
9	L. K. Pate	RCL	 I confirm that I have understood the Tool Box Talk
10			I confirm that I have understood the Tool Box Talk
11			I confirm that I have understood the Tool Box Talk
12			I confirm that I have understood the Tool Box Talk
13			I confirm that I have understood the Tool Box Talk
14			I confirm that I have understood the Tool Box Talk
15			I confirm that I have understood the Tool Box Talk

Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 9	Duration 30min	Total Time 4.5h	Employer Reference 2453745. Szechuan.
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DOCUMENT REFERENCE: DOCUMENT OWNER:	SIT-FM-007 DAS	VERSION NO: 1.1	CREATION DATE: LAST REVISION DATE:	07/02/2013 01/03/2018	Page 1 of 1
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RAPHAEL CONTRACTING LTD

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Tower scaffold	Date: 16/07/2024
Location: NG200	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: D Sanders	Presenters Signature:

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K KULSINSKAS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
J BASQUILLE	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
K WARNER	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
D CONYERS	RAPHAEL CONTRACTING LTD	D.N.A I Confirm that I have understood the Toolbox Talk
V BALIUIEVICIUS	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
B RAMSING	RAPHAEL CONTRACTING LTD	 I Confirm that I have understood the Toolbox Talk
		I Confirm that I have understood the Toolbox Talk
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No. Attended
6

Duration
30 mins

Total Time
3 hours

Employer Reference
2453745

Toolbox Talk No. 27 TOWER SCAFFOLDS AND PODIUM STEPS

Fact: Only trained, competent persons are to erect mobile towers e.g. PASMA

Before Use:

- Prefabricated access towers are to be erected in accordance with the manufacturer's instructions by competent operatives, erection instructions must be available on site.
- Check all components are in good condition. Check wheels for effective rotation and brake and locking devices work currently.
- Towers must be used on firm surfaces, where ground is soft or sloping, adequate support must be provided – Persons must be protected from falls.
- The platform height should not be more than 3 times the length of the shortest side of the tower (example: shortest side of tower is 1.5 metres multiplied by 3 giving a maximum platform height of 4.5 metres). This height can be increased by the use of outriggers.
- At 2m and above toeboards and double handrails **MUST** be fitted.
- Care must be taken when working from the platform that pulling or pushing actions do not overturn the tower – Do not climb the outside of the tower.
- Do not pull heavy items up the side of the tower, use lifting devices – Always check manufacturers safe working load (**DO NOT EXCEED**).
- Do not use ladders from platforms of towers, this causes high overturning force – Scaffold System to be used if situated in an area for more than one week.
- Tie the tower to a permanent structure, where possible, but do not tie to the thin tube sections.

Q: How would you hoist materials on to a working platform?

Access:

- Proprietary steel or aluminium alloy towers have a variety of means of access, these being:-
 - a) Integral diagonal stairway. As well as providing access this will form part of the bracing of the tower.
 - b) Ladder units which slip onto the end frame or inclined ladders, securely fixed, inside the scaffold frame.
 - c) Climbing a ladder section, which is incorporated within the end frame. Such a ladder section will have rungs no more than 300mm apart with stiles not more than 480mm apart. Climbing horizontal members of the other types of end frame is not to be accepted as a safe means of access.

NB. All towers must have a double hand rail or gap not exceeding 470mm from toeboard.

SCAFFOLD TOWERS AND PODIUM STEPS MUST BE CHECKED WEEKLY BY A COMPETENT PERSON, SIGNED OFF FIT FOR USE, ON RAPHAEL PLANT RETURN SHEET AND COPIED TO HEAD OFFICE.

- Access is from the inside of the tower frame to avoid eccentric loading of the tower. Working platforms are to be provided with trap doors to facilitate access.
- Where the vertical distance between the ground and working platform exceeds 9 metres, an intermediate platform with guardrails must be provided. Minimum platform width 600mm or 3 boards.

Working platforms

- Working platforms are to be fully boarded and complete with guardrails and toeboards.

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RAPHAEL CONTRACTING LTD

RCL TRAINING AND DEVELOPMENT PLAN SHORT TRAINING SESSION ATTENDANCE SHEET

Title: Foxes	Date: 18/07/2024
Location: NG200	Start Time: 07:30
Duration (Minutes) 30 mins	End Time: 08:00
Presenter's name: K Kulsinkas D SANDERW	Presenters Signature: D Sanderw

Candidate's Name	Name of Candidate's Employer	Candidate's Signature
K KULSINKAS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
B RAMSING	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
K WARNER	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
D CONYERS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
V BALIUIEVICIUS	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
J BASQUILLE	RAPHAEL CONTRACTING LTD	I Confirm that I have understood the Toolbox Talk
S - SIMONOVIC	RAPHAEL CONTRACTING	I Confirm that I have understood the Toolbox Talk
		I Confirm that I have understood the Toolbox Talk
		I Confirm that I have understood the Toolbox Talk
		I Confirm that I have understood the Toolbox Talk
		I Confirm that I have understood the Toolbox Talk

Grant Claim information Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended
6

Duration
30 mins

Total Time
3 hours

Employer Reference
2453745



Toolbox Talk No. 84 FOXES

Mess and Smells

As well as barking and screaming, foxes communicate with each other using scents. They produce strong smelling urine and faeces to mark their territories. You may occasionally find that a fox is visiting and leaving a smelly message behind! If your site is very important for a fox, it is likely to mark the area with strong smells very regularly in order to mark out its territory. Foxes are blamed for ripping open plastic bin liners and overturning dustbins. While foxes will scavenge from almost everywhere, it should be remembered that domestic cats and rats have very similar habits and may be to blame for causing a mess.

Disease

Many dogs and foxes carry sarcoptic mange mites, which cause characteristic bald patches, usually originating at the base of the tail. This is canine mange, which cannot harm cats or humans. Affected animals can be treated by medication in food. The mange mite can survive off its natural victims for a considerable period, so physical removal of infected animals will not create a mange free environment. Mange can infect dogs but is easily treated and in practice is rarely caught by dogs. Foxes do not carry diseases that can be spread to humans. Foxes do not carry the dog disease distemper. They can carry Weil's disease, against which dogs can be vaccinated. Like dogs they can host the parasite *Toxocara canis*. However, unlike dogs foxes rarely host the parasite.

Feeding foxes

Some people love to feed foxes in order to attract them into their garden. Due to man's carelessness there is plenty of food available to foxes; even in winter they do not go short of food. Leaving food out does however, help pests like rodents and these are far more of a problem for human beings. Feeding foxes can also make them braver and less cautious of people, which may then bring them into conflict with humans. We do not therefore recommend that people feed foxes.

Deterring Foxes

The hazards which foxes pose to people are very small indeed and the nuisance they may cause is usually short lived. Foxes very rarely spread any diseases and live largely in harmony with man, they also help to control pests by preying on rats, mice and pigeons. Foxes are protected and it is illegal to gas or poison them and most forms of snaring are also illegal. The following humane and effective actions are recommended:

1. Make sure it really is foxes that are causing the problem - domestic pets or other animals such as rats could be responsible.
2. Remove possible sources of food - such as plastic bin liners full of kitchen waste.
3. If foxes have made a home in your site use strong smelling repellents and then carefully block access to their earth. First of all place a strong smelling repellent around the entrance to the earth. After a few days, lightly block the entrance with soil, so that the vixen can dig out and remove any young foxes that might be living there. Once you are sure that foxes are no longer using the earth, you can block it up more securely. Foxes usually leave their dens in June.
4. You can deter foxes with strong smells such as the repellents used to deter dogs and cats.
5. Pest control contractors can be called in to humanely catch foxes occupying buildings. They will then be released in a rural environment.



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METHOD STATEMENT INDUCTION

ATTENDANCE SHEET TO BE COMPLETED FOR ALL METHOD STATEMENT TALKS
(METHOD STATEMENTS ISSUED TO ALL PRESENT)

CONTRACT:	NG200	MS REF:	MGD White rock
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	NAME (PRINT)	DATE ATTENDED	SIGNATURE	COMMENTS
1	ETHAN CARPENTER	8.7.24		I confirm that I have read and understood the Risk Assessment and Method Statement
2	TOM WASE	12.7.24		I confirm that I have read and understood the Risk Assessment and Method Statement
3				I confirm that I have read and understood the Risk Assessment and Method Statement
4				I confirm that I have read and understood the Risk Assessment and Method Statement
5				I confirm that I have read and understood the Risk Assessment and Method Statement
6				I confirm that I have read and understood the Risk Assessment and Method Statement
7				I confirm that I have read and understood the Risk Assessment and Method Statement
8				I confirm that I have read and understood the Risk Assessment and Method Statement
9				I confirm that I have read and understood the Risk Assessment and Method Statement
10				I confirm that I have read and understood the Risk Assessment and Method Statement

Signed: 

Position: SUPERVISOR

Print Name: K. KULSINSKAS

Date: 8.7.24

WHEN COMPLETED RETURN THIS FORM TO THE RCL SAFETY OFFICER

Note on this side any points that have arisen which you may think should be brought to the attention of RCL and complete the attendance list above (add an extra sheet if necessary)



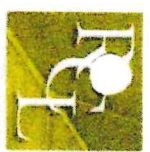
RAPHAEL
CONTRACTING LTD

PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: The National Gallery

OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIS VEST	GLOVES	EAR DEFENDER S/ PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
K.KULSINSKAS		✓		✓						✓	<i>[Signature]</i>	08-04-24
V.BALIULEVICIUS		✓		✓		✓				✓	<i>[Signature]</i>	08-04-24
K.KULSINSKAS				✓				✓			<i>[Signature]</i>	24-04-24
J.BASQUILLE		✓				✓					<i>[Signature]</i>	10/06/24
K.WARNER				✓		✓					<i>[Signature]</i>	10/06/24
KES KULSINSKAS				✓							<i>[Signature]</i>	18/06/24
K.KULSINSKAS			✓								<i>[Signature]</i>	24/06/24
Bobbe Romberg		✓	✓	✓		✓	✓				<i>[Signature]</i>	28/06/24
J.BASQUILLE		✓		✓		✓			✓		<i>[Signature]</i>	11.07.24
K.WARNER		✓				✓				✓	<i>[Signature]</i>	19.07.24

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RAPHAËL
CONTRACTING LTD

Site Manager's Daily Safe Start

Contract:	NG 200	Contracts Manager Site Manager	Paul Haugh Dave Sanders	Date (w/c):	15/07/2024	Method statement (s) (Title, Rev No. & Rev date)	RCL NG200-RCL-ZZ-MS-X-00001 REV P02		
Location and description of work: Installing temporary door sets and window boards									
Site Manager's Daily Sign Off									
	Date	Name	Signature	Hot Topics of the Day (the main points you discussed)					
Monday	15/07/2024	D Sanders		Working at height regulations 2005					
Tuesday	16/07/2024	D Sanders		Tower scaffold and podium steps					
Wednesday	17/07/2024	D Sanders		Dust from tools					
Thursday	18/07/2024	D Sanders		Foxes					
Friday	19/07/2024	D Sanders		Working in a hot environment					
Saturday	20/07/2024	N/A		N/A					
Sunday	21/07/2024	N/A		N/A					
Operatives Daily Sign Off									
Name	Signature	M	T	W	T	F	S	S	Comments
K KULSINSKAS		✓	✓	✓	✓	✓			RCL MANGER/CARPENTER
S SIMONOVIC		✓	✓	✓	✓	✓			RCL CARPENTER
K WARNER		✓	✓	✓	✓	✓			RCL APPRENTICE CARPENTER
D CONVERS		✓	✓	✓	✓	✓			RCL CARPENTER
V BALUIEVICIUS		✓	✓	✓	✓	✓			RCL CARPENTER
B RAMSING		✓	✓	✓	✓	✓			RCL CARPENTER
J BASQUILLE		✓	✓	✓	✓	✓			RCL CARPENTER

Before starting work, STOP, THINK and CHECKIf the answer to any question below is **NO**, do not start work until the issues are resolved**1. Method statements, risk assessments and permits**

Have you read and understood the method statement and risk assessment for the task?

Yes

No

N/A

Is everyone on your team briefed on the method statement for the task?

Have you carried out your weekly toolbox talk?

Do you have COSHH Assessments and Safety Data Sheets in place for all hazardous substances that will be used?

Have you carried out Manual Handling Assessments and planned for any deliveries / extraordinary activities?

2. Place of work

Are you satisfied that your team has a safe place to work?

Have you checked access equipment has been inspected as required and certification issued? E.g. Podium steps, scaffold towers

Are other contractors working adjacent to you aware of what you are doing today? Are you aware of what they will be doing?

Are third parties and members of the public securely protected from falling materials?

Does your team know the safe access and egress routes to their places of work?

3. Task specific

Are all necessary tools and equipment on site to carry out your work in a safe / efficient manner?

Are you confident there are no health and safety risks in your work task(s)?

Are you certain that the operatives you are putting to work are competent for their assigned tasks?

Are the team equipped with the correct PPE to carry out the task?

4. Variations

Have the team members changed? (If yes revise)

Has the task or working environment changed significantly to require a risk assessment and method statement (if yes, work to stop and new method statement to be produced)

Remember, as the supervisor YOU are responsible for the safety of YOUR team



TRAINING AND DEVELOPMENT PLAN

Title: ISO45001-Health and Safety Management System.	Date: 16.07.24
Location: Millennium Bridge House	Start Time: 7:30
Duration (Minutes) 30min	End Time: 8:30
Presenters name: A. Kulsinskas	Presenters Signature:

SHORT TRAINING SESSION ATTENDANCE SHEET

	Candidate's Name	Name of Employer	Candidate's Signature
1	B. Ramchande	RCL	 I confirm that I have understood the Tool Box Talk
2	I.Sahota	RCL	 I confirm that I have understood the Tool Box Talk
3	J.Smith	RCL	 I confirm that I have understood the Tool Box Talk
4	A.Makarauskas	RCL	 I confirm that I have understood the Tool Box Talk
5	I.Neagu	RCL	 I confirm that I have understood the Tool Box Talk
6	D.Marciulaitis	RCL	 I confirm that I have understood the Tool Box Talk
7	K.O'Malle	RCL	 I confirm that I have understood the Tool Box Talk
8	B.V.Khetan	RCL	 I confirm that I have understood the Tool Box Talk
9	L.K.Patel	RCL	 I confirm that I have understood the Tool Box Talk
10	V.V.Khetani	RCL	 I confirm that I have understood the Tool Box Talk
11	K.V.Patel	RCL	 I confirm that I have understood the Tool Box Talk
12			 I confirm that I have understood the Tool Box Talk
13			 I confirm that I have understood the Tool Box Talk
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Grant Claim information

Note: Claims can only be made for your employees or labour-only sub-contractors

No. Attended 11	Duration 30min	Total Time 5.5h	Employer Reference 2453745. Szechuan.
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TRAINING AND DEVELOPMENT PLAN

Title: Start of the week highlights and free noise times.	Date: 15.07.24
Location: Millennium Bridge House	Start Time: 7:30
Duration (Minutes) 30min	End Time: 8:30
Presenters name: A. Kulsinskas	Presenters Signature:

SHORT TRAINING SESSION ATTENDANCE SHEET

	Candidate's Name	Name of Employer	Candidate's Signature
1	B. Ramchande	RCL	 I confirm that I have understood the Tool Box Talk
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No. Attended 9	Duration 30min	Total Time 4.5h	Employer Reference 2453745. Szechuan.
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PERSONAL PROTECTIVE EQUIPMENT ISSUE REGISTER

SITE: MBHS01

OPERATIVE NAME	HARD HAT	SAFETY GLASSES	HI-VIS VEST	GLOVES	EAR DEFENDER S/ PLUGS	DUST MASK FFP3	REASON FOR ISSUE / REISSUE				SIGNATURE	DATE
							New	Lost	Damaged	Wear and Tear		
A. Makarauskas		✓								✓		8.7.24
V. Gustainis		✓								✓		8.7.24
B. V. Khetani	✓	✓	✓	✓			✓					8.7.24
L. K. Patel	✓	✓	✓	✓			✓					8.7.24
V. V. Khetani	✓	✓	✓	✓			✓					16.07.24
K. V. Patel	✓	✓	✓	✓			✓					16.07.24
A. Makarauskas				✓		✓				✓		17.07.24
J. Smith	✓			✓		✓				✓		18.07.24